



NEWS

Vol. 2 - No. 11

Chatham Manufacturing and Northern Chatham Bedding, Elkin, North Carolina 28621

August 27, 1990

Special Visitors at the Country Store Outlet



On their most recent trip to Chatham, Ms. Rasmussen and Mr. Petersen found time in their busy schedules to visit the Country Store. This was the first opportunity they had to see the store.

In honor of this visit, the store had lovely flower arrangements displaying the Danish colors of red and white. Ms. Rasmussen and Mr. Petersen were presented with red and white flowers by the Store Manager, Nellie Hemric.

Pictured to the left are Alan Payne, Nellie Hemric, Inga Rasmussen and John Petersen.



Adult Education Classes — Invest in Your Future Today



Adult education classes are scheduled to be offered at Chatham in the month of September. These classes for employees and retirees will be offered through Surry Community College.

Adult education is designed to meet the needs of each student. Classes are individualized. Your instructor will outline a program of study to meet your individual goals and needs. You may just want to improve your reading, writing, or basic math skills.

Your goal may be to receive a diploma. Whatever your needs or goals, give adult education a try.

Those students wishing to enroll in the High School Completion Program will be provided materials to prepare them for the General Education Development (GED) Test. Upon successful completion of the program and a satisfactory score on the test, students are awarded a high school equivalency diploma by the State of North Carolina. The GED is a credential recognized as a key to employment opportunities, further education, and financial rewards. A graduation ceremony will also be given at Surry Community College for those receiving

diplomas.

The cost of the course is minimal. All books, materials, and instruction are provided free of charge. The only students incurring any expense would be those in the High School Completion Program. Their only expense is a \$7.50 charge for taking the GED test.

While it is true that an educated person does not get all his education in the classroom, the fact remains that formal education is the foundation and best hope of civilization. Education is the seedbed of learning and understanding. It is the source of progress in every field of human endeavor.

So invest in your future today. Enroll in the Adult Education Program. Reg-

istration will be held September 5, 1990, at the Personnel Building in the C-I room from 2:00 p.m. until 6:00 p.m. Classes will begin September 10. The instructor will be available to help students on Mondays and Wednesdays from 2:00 p.m. until 6:00 p.m.

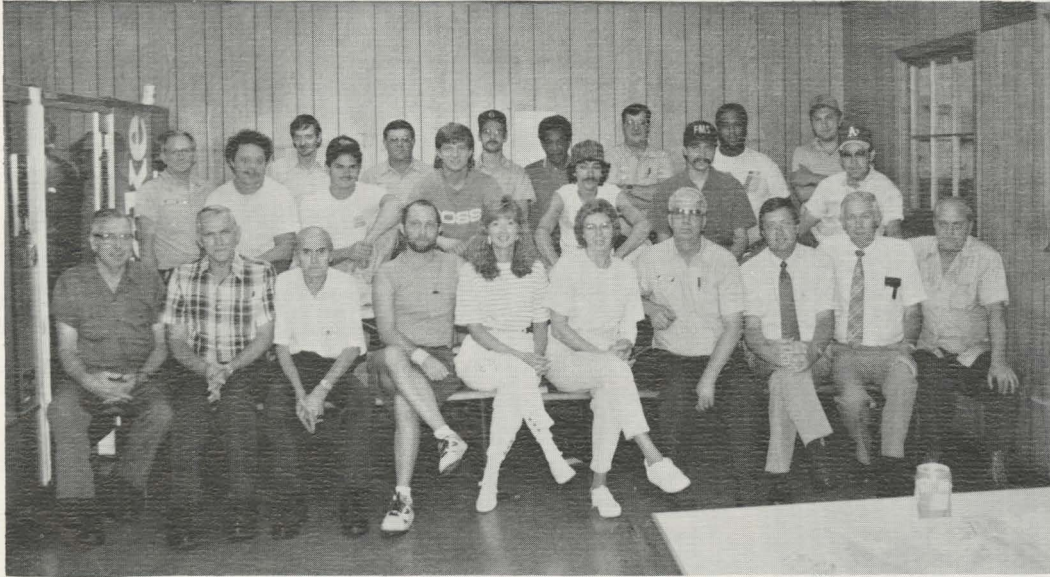
If you are interested in enrolling in this program call Beth Steelman at Ext. 530.

ABE



Safety Breaks in the Garnett Department

The employees of the Garnett Department enjoyed a safety break on August 2, 1990 on all three shifts. All three shifts have not been honored with a safety break at the same time since 1985. Keep up the good work Garnett Department!



The A shift employees have worked 212 days without a lost time accident. A Shift employees: Front row (left to right) - Denver Ledbetter, Frank Luffman (Supervisor), Leo Haynes, Rodney Couch, Priscilla Wood, Dorothy Casey, R.J. Carter, Bill Milan (Superintendent), Cecil Ball (Department Head) and Dean Byrd; Second row - Reid Martin, Gary Reaves, Sonny Wilmoth, Brent Byrd, Hubert Goforth and Larry Southard; Third row - Ernest Dockery, Calvin Cardwell, Dwight Byrd, Destry Isaacs, Grant Lomax, Robert Martin, Daryl Martin and Michael Johnson. Not pictured were Louis Prevette, Rufus Southard and Robert Royal.

The B Shift employees have worked 185 days without a lost time accident. B Shift employees: Front row (left to right) - Mark Lovett, Garvie Waddell, Billy Long, and Stacy Jones; Second row - Johnny Spainhour (Supervisor), Raymond Nixon, Tony Anderson, James Johnson, Robert Smith, Franklin Caudill, Cecil Ball (Department Head) and Bill Milan (Superintendent). Not pictured were Leon Bauguess, Hubert Johnson and Annie Shore.



The C Shift employees have worked 149 days without a lost time accident. C Shift employees: Front row (left to right) - Wayne Chrismon, Michael Lyon, Mark Steele, Greg Rose and Eric Swaim; Second row - Lawrence Cartwright, Billy Walker, James Sparks, Daniel McCloud, Bill Milan (Superintendent), Cecil Ball (Department Head) and Eddie Swaim (Supervisor).



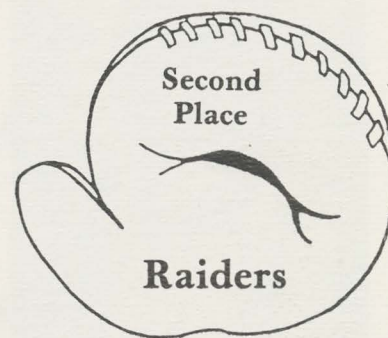


Night Division Softball Regular Season

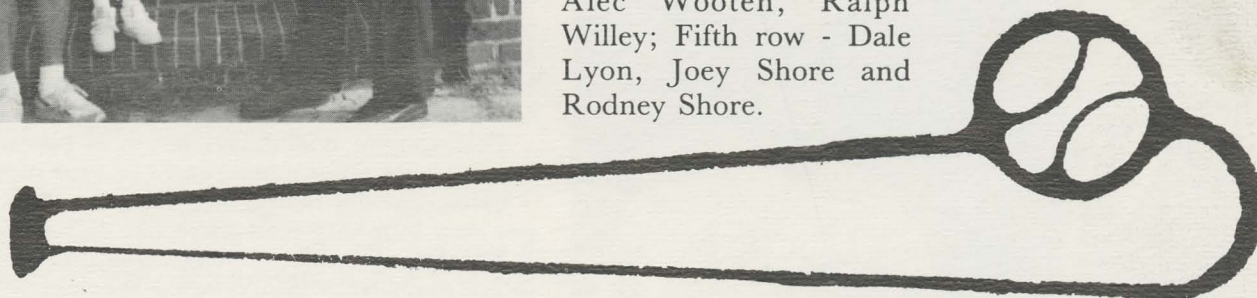
Champs Weave

The Weave team was presented a trophy in honor of their victory by Nelson Lowe.

Weave Team Members: Front row (left to right) - Larry Hemric (coach), Amber Hemric, Nelson Lowe (Vice President of Industrial Relations); Second row - Mark Reese, Lenny Burgess, Barry Cox, James Darnell; Third row - Ronnie Anthony, Bradley Hanks, Mike Holbrook; Fourth row - Alec Wooten, Ralph Willey; Fifth row - Dale Lyon, Joey Shore and Rodney Shore.



Raiders Team Members: Lee Moncus, Mark Mitchell, Alvin Sales, Raymond Day, Brian Sparks, Jeff Dobson, Tony Cockerham, Dale Hughes, David Rogers, Dennis Bryant, Jeff Foster, Mitchell Hodges and Dale Wiles.



Virginia Byrd Retires



Virginia Byrd has been employed with Chatham fourteen years and three months. Her first twelve years of employment she worked in the Binding Department. The past two years she has worked as an inspector in the Napping Department.

Virginia has three children. Dwayne and Alvin Byrd are her two sons. Jean Owen is her daughter. She has four grandchildren.

Virginia's hobbies are working in her flowers, reading and gardening.

Virginia had some words of appreciation she wanted to share. She said, "I would like to thank all the people for being so nice. Thanks for the supper and gift at my retirement. Thanks to the supervisors and Personnel for being so nice to me these years. I wish them all the best. I'll miss my friends."



Then And Now Guess Who



This six year old now works in the Personnel Building.
(Answer on Page Nine)

Our worth is not determined by what we have but by what we do with what we have.

What Is Time?

Time is too slow for those who wait, too fast for those who are afraid, too long for those who grieve, and much too short for those who are happy.

But for those who love mankind and work for the good of their fellow creatures, time remains an eternity.

C-NC NEWS

Published tri-weekly by
Chatham Manufacturing Co.
P.O. Box 620
Elkin, North Carolina 28621
Phone: 919-835-2211

The C-NC NEWS is published for employees and retirees of Chatham Manufacturing Company and Northern-Chatham Bedding Company. Comments, suggestions, and story ideas are encouraged and should be directed to the Editor.

Beth Steelman, Editor
Printed by Chatham Print Shop

Let me tell you about...



Kayla Hope Snow is the nineteen month old daughter of Posie (Butler Plant) and Faye Snow (Warp). She is the niece of Jo Ann Snow (Yarn Manufacturing, Boonville).

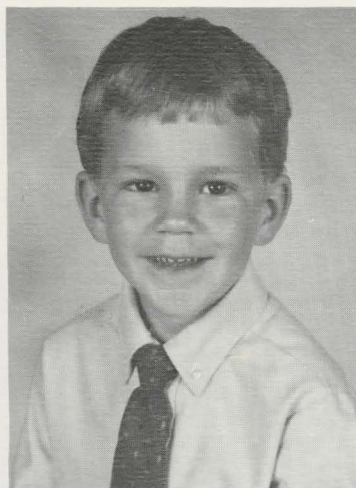


Jared Sprinkle is the two year old son of Cathy Jo (Engineering) and Billy Sprinkle. He is the great-grandson of Agnes Wilmoth (retired).

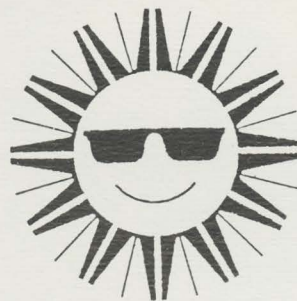


Five Generations of Wilkins

Lakan Renee Wilkins was born on May 9, 1990 to Shane and Melissa Wilkins. This new addition makes five generations. Seated lower right is the great-great grandmother, **Tessie C. Wishon** of Elkin. Lower left is the great-grandmother, **Lois W. Wilkins** (retired) of Jonesville. Upper left is the grandfather, **Danny I. Wilkins** of Jonesville. Upper right is the father **Shane B. Wilkins** of Norfolk, Virginia. Center is **Lakan Renee Wilkins**. Lakan is the great-granddaughter of L.D. Wilkins (Engineering).



Rush Andrew Folger is the four year old son of Cathy (Accounting) and Ros Folger. He is the nephew of Sam Mounce (Carding) and David Mounce (Print Shop) and the great-nephew of Wilma and John Cockerham (retired) and Ralph (retired) and Velma Mounce (Rest-warmer). He is the grandson of the late Heber Mounce and Mary Lee Mounce and Rom and Lucille Folger of Dobson.



How Hot It Really Is

Hot, humid days are more unbearable than dry ones. Bodies know it too: High humidity increases the health threats posed by heat waves. When the weather is hot and the air is humid, as it has been recently, keep in mind what effect humidity has on the "apparent temperature." The index below will help to understand the "heat index" developed by the National Weather Service and seen on local weather forecasts.

For example, a 90 degree day at 10 percent humidity produces an apparent temperature or heat index of 85 degrees - warm, but not dangerous. However that same day at 90 per cent humidity feels more like 122 degrees!

Each category of apparent temperature carries its own set of warnings from the National Weather Service.

80-90 degrees: Fatigue possible with prolonged exposure and/or physical activity.

90-105 degrees: Sunstroke, heat cramps, or heat exhaustion possible; heat stroke possible with prolonged exposure and/or physical activity.

105-130 degrees: Sunstroke, heat cramps, or heat exhaustion likely; heat stroke possible with prolonged exposure and/or physical activity.

130 degrees +: Heat/sunstroke likely with continued exposure.

While hot summer weather is upon us and heat indexes climb, it is wise to stay indoors or limit strenuous outdoor physical activity.

CPR Classes

A morning and evening CPR class will be held at Chatham. The classes will meet in the Personnel Building in the Blood-mobile room outside of First Aid. The morning class will meet August 28, September 4, 11, and 18 from 8:15 a.m. until 11:15 a.m. The evening class will meet August 27, September 10, 17, and 24 from 6:30 p.m. until 9:30 p.m.

All those who signed up for the classes and any interested employees or retirees should be present for the first class meetings.

If you have any questions about the CPR classes please contact Beth Steelman at Ext. 530.

Night Light

People who work the night shift are often plagued by fatigue, illness, and accidents. Now we know why and how to correct the problem by a simple adjustment of light and dark.

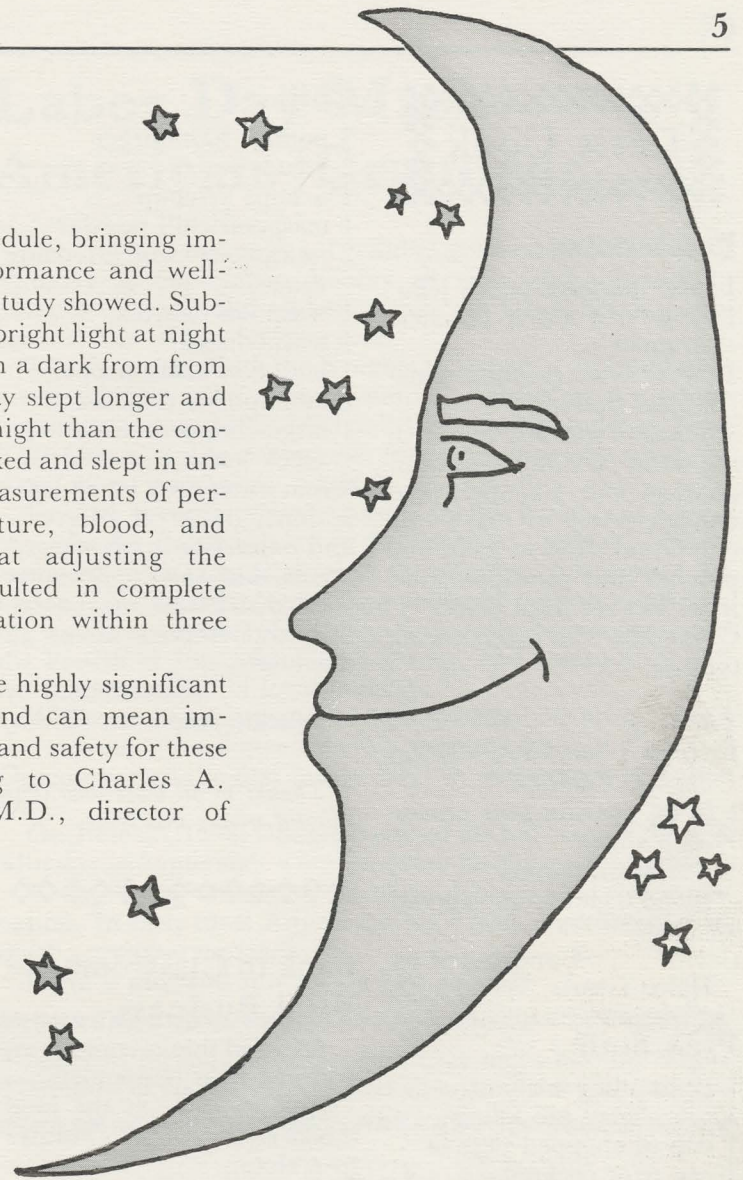
A study by scientists from the Harvard Medical School Center for Circadian and Sleep Disorders Medicine shows that the daily light/dark cycle has a powerful effect on the hypothalamus of the brain, which determines the timing of many bodily systems and functions. When people work in ordinary indoor light at night and are exposed to bright light during the day, their physical systems don't adjust to their work schedules but stay on "natural time," even after years of night work. This causes sleepiness at night and insomnia during the day, which leads to more work-related accidents among night workers. It may also account for their greater risk of heart disease and gastrointestinal illness.

Properly timed exposure to light and dark synchronizes the body's cycle to

match the work schedule, bringing improvements in performance and well-being, the Harvard study showed. Subjects who worked in bright light at night and rested or slept in a dark from from 9 to 5 during the day slept longer and were more alert at night than the control group, who worked and slept in uncontrolled light. Measurements of performance, temperature, blood, and urine, showed that adjusting the light/dark cycle resulted in complete physiological adaptation within three days.

These findings are highly significant for night workers and can mean improved productivity and safety for these workers, according to Charles A. Czeisler, Ph.D., M.D., director of study.

*-Contributed by the
American Hospital Association*



Questions and Answers About Your EAP

What is an Employee Assistance Program? Very simply, it is assistance to employees. This program provides confidential, professional assistance to help employees and their families resolve problems that affect their personal lives or job performance. Besides being confidential, the program is voluntary - it is designed to allow the employee or family to seek help on their own.

How did the Employee Assistance Program come about? This program was developed through a joint effort between the employer and employee representatives with the help of professional advisors.

How does the Employee Assistance Program work? It is an employer-sponsored program. The employer retains the services of a qualified counseling resource that specializes in the assessment of personal problems.

Why is a program like this needed? Progressive organizations are providing Employee Assistance Programs to their employees because it's good business and because they care about their employees. Each of us, regardless of our position in

the organization, face a variety of problems in our daily lives. Usually, we can work them out. Sometimes our problems become too much for us to handle and they affect our personal happiness, our family relations, our performance at work, and even our health. When this occurs, we often need professional help in resolving them. Without proper attention, these problems usually become worse and the consequences are often unpleasant and expensive.

What kinds of problems will the Employee Assistance Program deal with? The program deals with human problems - the kinds that affect an employee's personal well-being and his/her ability to perform on the job. These problems may include marital difficulties, financial or legal problems, emotional difficulties, or problems caused by alcohol or other drug abuse.

Who will pay for the cost of this counseling or other professional services that might be necessary? The employee's regular health insurance and/or other benefits will be considered. If services that are not covered by insurance are necessary, the counselor will try to help the employee minimize the cost by making referrals to the

most appropriate agency. These costs will be the employee's responsibility, but many times services are available which are based on the individual's ability to pay. When applicable, sick leave, vacation time, or leave of absence may be used.

Does this mean that our organization has an unusual number of employees with problems? Not at all! It simply means that your organization cares about its employees. The organization is more than building and equipment. When an employee has problems, it is simply good business for the employer to offer help in resolving them as early as possible.

What about work related problems? This new program has no effect on the way work related problems are handled. It deals only with personal problems. Work related problems are dealt with through existing organizational policies and procedures.

Your employee assistance counselor Suzanne Kelly is at the Chatham First Aid on Tuesdays from 1:30 p.m. to 4:00 p.m. At other times she can be reached at the following numbers: 679-8882, 679-8805, 386-9896 or 835-6781.

Let's Cook

Peach Salad

- 1 large package peach jello
- 1 large can sliced peaches, drained
- 1 small can crushed pineapple, drained

Dissolve jello in 2 cups boiling water. Using juices from peaches and pineapple and enough water to make one cup liquid. Add to jello. Stir peaches and pineapple into jello. Let set until firm.

Cover jello with the following topping.

Topping

- 1 (8 oz.) package cream cheese, softened
- 1 (8 oz.) carton sour cream
- ½ cup sugar
- ½ teaspoon vanilla

Blend together and spread on salad.

-Contributed by
Helen Garriss, Wet Finish

Pink Stuff

- 1 (7 oz.) bag coconut
 - 1 can cherry pie filling
 - 1 cup of chopped pecans
 - 1 can fruit cocktail
 - 1 (8 oz.) carton Cool Whip
- Mix all together and put in dish (refrigerate).

-Contributed by
Darlene St. John (Cloth)

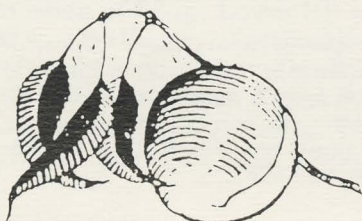
Peach Crisp

Peel and cut up peaches to almost fill a medium size baking dish. Sprinkle sugar over peaches to desired sweetness. Cover with the following topping:

Topping

- 1 cup flour
- ½ cup granulated sugar
- ½ cup brown sugar
- 1 egg slightly beaten (drizzle 6 or more tablespoons butter over topping). Bake 40 minutes in 350° oven. Good with ice cream or whipped topping.

-Contributed by
Louise Pinnix (Cloth)



Chili

- 3 pounds hamburger
- 2-3 cups water
- 1 ½ cups ketchup
- 1 teaspoon chili powder
- 2 teaspoons worcestershire sauce
- 1 teaspoon paprika
- 1 teaspoon salt
- 1 teaspoon black pepper
- 2 tablespoons chili sauce
- 1 large chopped onion

Cook hamburger with onion in water until hamburger is done, drain off all grease and water. Stir in other ingredients, add water to thickness wanted, 1-2 cups, maybe less. Stir and simmer about 15 minutes.

-Contributed by
Mackie Anderson (Cloth)

Thanks to all those who contributed recipes this issue.



Back to Classrooms—Vital Business

All good things come to an end - at least temporarily.

And so it is, as the long school summer holiday draws to a close.

Students are shouldering their school books once again. And with their return is the opportunity to learn, to grow, and to improve.

Education is the biggest and the most important business in the United States. Consider these facts:

1 - It requires more land, buildings, equipment, and a greater variety of facilities than all the armed forces put together.

2 - It has more employees than any of the largest corporations.

3 - It has more owners than all the stockholders of any stock exchange in the world.

4 - It creates unlimited future markets for educated buyers and sellers as well as tomorrow's personnel for every possible field of endeavor.

5 - It produces the minds and muscles of students in the best nation on earth.

6 - It uses the most valuable resource in the world: children.

•It's worth supporting!

Carport Tomatoes



Willie Newman (LTD) is pictured above holding some tomatoes she grew in her carport. Yes, her carport. The pink tomato she is holding in her right hand weighed three pounds. That tomato combined with the others she is holding weighed 7 pounds and 2 ounces. Willie planted the tomato plant this spring beside her carport. After the plant grew to a height of approximately five feet and having a stalk two inches in diameter, a storm blew the vine down in her carport. So, Willie started raising her tomatoes in her carport. Now, she said, you can barely get one car in her carport because of the amount of space such tomatoes and their vines require. Willie is the mother of Jeff Newman (Shipping).



Sometimes we are so busy adding up our troubles that we forget to count our blessings.

The C-NC NEWS is published for...



Tomato: A Berry That's Very Old

Centuries ago, long before the white man sailed to these shores, the tomato was a prize crop of the Indians of Mexico and South America - the fabulous Aztecs, Mayans and Incas.

These ancient people believed the tomato to be a gift of Quetzacoatl, god of healing; and baskets, heaped high with the jewel-like fruit were borne on the heads of the bejeweled and feathered temple priests to his altar.

When, after tasting the wonders of the New World, the Spanish conquistadors turned their great galleons toward home, the holds were heavy with gold, but down in the captain's cabin there was another sort of treasure - a few tender slips of tomato vine clinging to life in clods of dry Mexican earth, waiting to be transplanted to European soil.

Cortez and his men had relished the flavor of the tomato; but somehow, their countrymen were more impressed by the plant's jewel-like blooms. The tomato became the pride of the European flower garden, not the vegetable garden!

Fortunately, some adventuresome individual took a bite from the bright shiny fruit a century or so later and eagerly shared the delight of his discovery with others. Today, the tomato is among the most popular of flavorful treats the world around.

employees and retirees like **Wavely Hunt** who works as a leadman for receiving and shipping goods in the Shipping Department. All of his thirty-nine years of employment have been spent in Shipping. Wavely and his wife Bobbie have three sons: Ronald and Donald of North Wilkesboro and Bill of Ohio. They have four grandchildren.

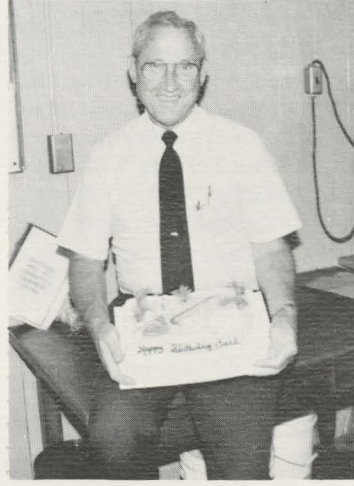


August Birthdays

Happy Birthday Howard and Carl!



What is **Howard Reynolds** (Print Shop) so happy about? Well, August 9th was Howard's birthday. In honor of the occasion, his friends in the Print Shop surprised him with a birthday cake. What are friends for Howard?



Carl Gentry (Research Lab) had a very unique cake for his birthday. His cake was decorated to resemble a golf course. Carl, your co-workers must know where your interest lie. We hope you have many more years of golfing ahead of you.



Surprise Jerry!

Jerry Southard (First Aid) had a pleasant surprise on July 30. Her granddaughter Rebecca sent her a beautiful flower arrangement for her birthday. What a lovely way to make her special day complete. We hope you had a great day Jerry. Rebecca is the daughter of Jerry's son and daughter-in-law, Wayne and Karen Southard (Restwarmer).

Life is ten percent how we make it, ninety percent how we take it.

Labor Day Marks American 'Grandeur'

Labor Day, the national holiday celebrated on the first Monday in September, honors all who work. Speeches, parades, picnics, and athletic events mark this holiday as a general day of fun for everyone.

The day began with the Knights of Labor, a group of garment workers who were eventually absorbed by other organizations. In 1882, 1883 and 1884, they paraded in New York City to "...honor those who from rude nature have delved and carved all the grandeur we behold."

In 1884, a resolution was passed by the Knights of Labor to make the first Monday in September a holiday "representative of the industrial spirit, the greatest vital force of the nation." That particular date was proposed because it fell during a pleasant season of the year "...nearly midway between the Fourth of July and Thanksgiving, and would fill a gap in the chronology of legal holidays."

Workmen representing many groups aided the proposal and the movement was given further impetus when the state of Oregon passed the first law in 1887 in recognition of Labor Day.

On June 28, 1894, Congress passed the bill making the first Monday in September a legal holiday throughout the nation.

Today, every American celebrates labor's vital role in the nation. In fact, most Americans have been instrumental in that "...grandeur we behold."

Have a safe and fun Labor Day holiday.

Tomorrow is really part of today. One melts into the other. Therefore, if you would be better tomorrow, be better today.

ACCIDENT INJURY REPORT July 1990

	July	June	May
Caught in or coming in contact with machinery	16	14	15
Striking against on or by objects	16	18	23
Using hand tools (knives, scissors, tools, burling irons, needles, etc.)	16	10	13
Handling material (hand injuries)	8	8	20
Splinters	7	2	3
Foreign bodies in eye	5	9	9
Slips & Falls	10	10	13
Falling objects	6	7	5
Lifting, pulling, pushing, (sprains, hernias, etc.)	11	10	14
Burns	5	3	5
Punctures	1	4	5
Miscellaneous	3	1	3
Chemical burns	0	1	2
Infections	0	0	1
Totals	104	97	131

The Grazing of America



On the go. Gotta run. No time. Do these words describe your life? According to nutritionists, a fast-paced lifestyle affects the way we eat. Rather than sit down to a well-balanced meal, busy people "graze." That is, they fill their nutritional needs with frequent snacks.

Eating a little bit here and there doesn't have to throw your nutrition off balance, however. By carefully choosing the foods you snack on, you can graze your way to a healthy diet even if you don't have time to sit down. The Consumer Information Center has a free fact sheet that can help you choose fast and nutritious snack food. Published by the Food and Drug Administration, **The Grazing of America: A Guide to Healthy Snacking** (Item 585W, free) is full of fast food tips that follow the government's Dietary Guidelines for Americans. The fact sheet has

tables, specific snack ideas, and special sections for older adults, teens and toddlers. To get your free copy of **The Grazing of America**, just send your name and address to **Consumer Information Center, Department 585W, Pueblo, Colorado 81009**.

If you don't have time to sit down to regular, well-balanced meals, your snacks must become more than just something to munch on. You need to eat snacks that provide essential nutrients. The traditional fast foods or snacks that come to mind first may meet your need for calories, but that's about all. Cookies, potato chips and soda, or a burger and fries to go, for example, may fill you full of sodium and saturated fat without satisfying your body's need for vitamins and minerals.

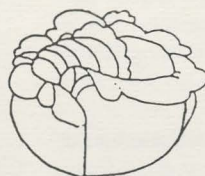
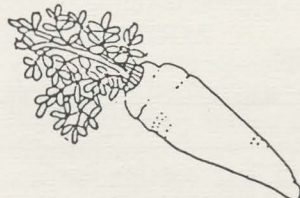
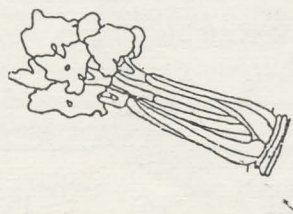
If you're going to rely on grazing to meet your body's nutritional needs, you'll have

to carefully choose what you eat on the run. At just 25-30 worthwhile calories each, a small tangerine, a small tomato, a medium-sized carrot, or a cup of popcorn without butter are all very portable snack foods that can help meet your body's need for vitamins and dietary fiber. In addition to a list of similar low-cal, nutritious foods, **The Grazing of America** contains snack-time recipes for quick mini-pizzas, sweet treats, vegetable and fruit dips, and other nutritious foods you can make and eat in a hurry. For even fewer calories, try celery, cucumbers, lettuce, green peppers, cauliflower, broccoli, and mushrooms. These easy finger foods have almost no calories and are high in fiber.

If you're packing snacks for children or teenagers, you can usually worry less about the number of calories they eat. Growing bodies need more

calories to develop properly. Since children have smaller stomachs and can't eat enough food during meals, they need regular snacks that include calories, vitamins, and minerals. Milk, yogurt, and cheese are high in calcium and make great snacks for kids with developing bones. For the same reason, teens eating on the run would do well to order a cheeseburger instead of just a hamburger.

To get more information on nutritious fast food, send for your free copy of **The Grazing of America: A Guide to Healthy Snacking** (Item 585W, free). You'll also get a free copy of the **Consumer Information Catalog**. Published quarterly by the Consumer Information Center of the General Services Administration, the **Catalog** lists about 200 free and low-cost consumer publications on a wide variety of subjects.



A Party for Tim and Kathy

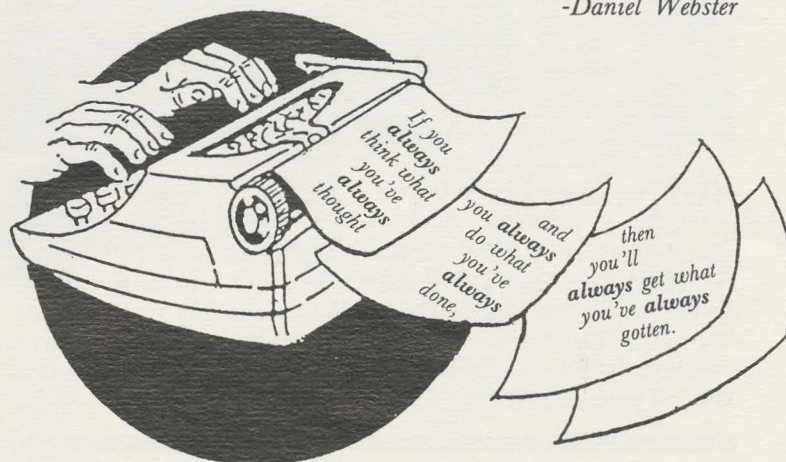


Tim and Kathy Pittman were honored with a combination baby shower and going away party by the Burling Department August 3, 1990. Their baby is due November 15. Tim is leaving the Burling Department and going to Wet Finish to assume the position of Department Head of Wet Finish.

Thoughts On Freedom

God grants liberty only to those who love it and are always ready to guard and defend it. Let our object be our country. And by the blessing of God may that country itself become a vast and splendid monument, not of oppression and terror, but of wisdom, of peace and of liberty, upon which the world may gaze with admiration forever.

-Daniel Webster



C-NC TRADER

OTHER

FREE: 2 kittens. Call 835-3072 evenings.

FREE: To a good home. Black and white kitten, 8 weeks old. Call 835-2484.

FOR RENT: Furnished bedroom. Jonesville area to a lady. Colored TV in room. Kitchen privileges, central air and heat. All utilities furnished. \$125 per month. Call 835-3650.

WANTED TO BUY: Twin wrought iron aluminum type beds with iron rails. Call 526-3184.

WANTED: Will do housework and ironing 4 or 5 hours a day. Call 835-1391 after 1:30 p.m.

WANTED: To lease large house for 2 years in Elkin area. Call 835-5138.

FOR SALE

Full blooded Doberman puppies, \$50 each. Call 699-2230. Puppies born 7/31/90.

Wizard upright freezer. \$200. Call 366-2721.

1975 Vega. Runs good. \$500. Call 957-4082 before 3:00 p.m.

1964 Ford Falcon. Needs motor. \$300. Call 957-4082 before 3:00 p.m.

1976 Oakwood Mobile Home. 2 bedrooms, 1 bath, oil heat, central air, vinyl underpinning. \$6,000. Call 957-8880.

VW Rail Buggy and tow bar. Very good condition. Must see. \$1,350. Call 835-7064.

17½ foot Red Fish boat, 85 hp motor, new carpet, refillable gas tank. Good condition. Call 957-2027 anytime.

Yamaha electric piano, full keyboard. Portable, weighing 150 lbs. Amp not included. Call 957-2027.

Frigidaire washer & dryer. Matching pair. Call 835-4175 after 4:00 p.m.

1978 Jeep C-J5. 6 cylinder, PS, Mag wheels. Clean, runs great. \$2,600. Call 526-3102.

Living room suite, Breakfast room suite. Large pieces of Jewel Tea, almost complete set of Tiara. Call 835-3565.

Platform rocker. Call 835-3979 after 5:30 p.m.

1970 Kirkwood Mobile Home. 12x65, 3 bedrooms, 2 baths, fully furnished. \$5,000. Call 526-3469.

Compound bow PSE, fully dressed, ready to hunt. \$250. Call 874-7360.

Round Oak furnace, water heater, like new. Old iron bed. Oil stove circulator. Glass doors, mantels. Call 835-1682 anytime.

One planer, one edger, one radial arm saw, one table saw. All are Craftsman tools, like new. Call 835-6891 between 4:30 p.m. and 10:00 p.m.

1972 Colt Wagon. As is, new battery and carburetor, good tires. \$395. Call 835-3072 evenings.

TV antenna with pole, rotor, box. \$75. Call 526-2210 after 5:30 p.m.

Large maple dining table with 5 captain's chairs. Good condition. \$200. Call 957-2821 anytime.

Two antique trunks. Call 366-4159.

1983 Trans-Am. Charcoal gray, V8, AC, PS, PB, AM-FM cassette stereo. \$4,200. Call 366-3049 or 835-5003 after 6:00 p.m.

1985 Spectrum. Blue/gray, 44,000 miles, automatic, AC. Call 874-3001 after 5:30 p.m.

Extra nice glass top dining room table and 4 upholstered chairs. \$150. Call 835-4930 after 4:00 p.m.

1981 Booneville. All power, 66,000 miles. Blaupunkt car stereo, Yamaha amp with EQ and speaker, AC, DC, TV with radio. Like new. Call 835-8406 after 6:00 p.m.

Iris bulbs. Mixed colors, \$1 each. Call 874-2507 anytime.

Platform rocker. Call 835-3979 after 5:30 p.m.

8 foot beige sofa in excellent condition. \$75. Call 367-7606.

AKC Black Chow male. 10 months old. \$150. Call 957-3476.

1010 John Deere tractor, with turning plow. Call 957-8568.

AKC registered Collie puppies. 5 males, \$75 each, 4 females, \$50 each. Call 366-4455.

Franchi 20 gauge automatic shotgun. Like new. \$275. Call 835-5840 after 4:00 p.m.

This column is free to our employees and retirees and is for their use only. Ads are limited to 25 words each. Ads are not held over for another printing. Call #530 to list your items in the Chatham Trader.

Twenty-Fifth Anniversary



Bobby (Machine Shop) and Irene Dameron celebrated their 25th wedding anniversary on July 8, 1990. The couple was honored with a reception at the Benham Ruritan Club. The reception was given by their daughters: Mrs. Lyvonne Markle and Mrs. Denise Waddell.

Time misspent is not lived but lost.

Failure is not defeat unless you stop trying.

Then and Now Answer

Bill's Big Ole Fish



Bill Wyatt (Yarn Manufacturing, Booneville) proudly holds his catch of the day. This Striped Bass weighed 16¾ pounds. Bill caught the fish at Lookout Dam on the Catawba River between Lake Norman and Lake Hickory. He landed the fish in one hour and forty-five minutes using a beetle spin and four pound test line. Enos Scarbro with the River Bend Guide Service was Bill's guide.



David Mounce is a printer in the Print Shop. He has been employed with Chatham twelve years. He and his wife Judy make their home in Elkin. David has two step-children, Penn and Leslie. David's sister Cathy Folger, works in the Accounting Department. His brother Sam Mounce is Department Head of Carding and Spinning.

Correction...

In the last issue, the bride of Jimmy Combs was identified as Vanna Cheek. Jimmy's wife is **Zanna Cheek**. We apologize for the error.

In Memoriam

Maggie L. Wooten

August 2

Mother of Ellis F. Wooten,
retired and Lena W. Settle,
Binding.

Lester W. Pardue

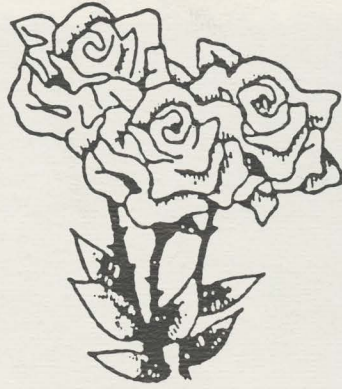
August 3

Retired Employee

Newton Blackburn

August 5

Brother of W. Dewitt
Blackburn, Carding.



Quiet minds cannot be perplexed or frightened but go on in fortune or in misfortune at their own private pace like the ticking of a clock during a thunderstorm.

Farther Along In Loving Memory of Fred J. Harris By Miranda Wood

We all remember him very well.
We cannot say he is dead, but just away
Because he is in our heart every day.
He has gone into unknown land
Where we hope to see him one fine day again.
He was showing worst of wear
But hoping to continue here.
He had no idea the day would come so soon.
The day it happened all he had to say was "I love you all."
We stood by his side night and day
Hoping to see his eyes open bright
But never did see his special sight.
He tried hard to stay with us
But it was time for us to let go.
We miss him every day.
But if we could hear him he would say
Take care and I'm all right.
Everyone knew Fred Harris as a kind, generous and loving
man that was never unfair.
To the ones that did not know this man
He was my Grandpa.
I loved him while he was here
And I love him just as much now.
Maybe when that day comes
I can be with him once again one day
In a place with no more sorrow and no more pain.
I love Papa
Miranda

Chatham Manufacturing Company

Elkin, North Carolina 28621

Address

Correction

Requested

BULK RATE

PERMIT NO. 4

U.S. POSTAGE

PAID

ELKIN, N.C.

MR JUNIOR L KEY
ROUTE 2 BOX 19
RONDA N C 28670

SAM'S WHOLESALE CLUB

DIVISION OF WAL-MART STORES, INC.

Employees and retirees are eligible for Group Membership to Sam's Wholesale. This membership is offered free of charge. Sam's wholesale is a major division of Wal-Mart Stores offering a wide selection of brand name products to business owner-operators and a limited number of groups. Group members pay only 5% over the posted wholesale price for merchandise. To make an application for group membership, see Beth Steelman, C-NC Editor.

Discounts for C-NC Employees and Retirees

Coupons available in the Personnel Office

Busch Gardens in Colonial
Williamsburg, Virginia

Busch Gardens in Tampa,
Florida

Adventure Island, Tampa,
Florida

Smoky Mountain Country
Vacation Saver Discount
Coupon Book

Walt Disney's Magic
Kingdom Club - discounts on
admissions to Disneyland in
California, Walt Disney in
Florida, air fare, car rentals,
hotels, cruises, and more.

Seaworld

Cypress Gardens

Boardwalk and Baseball

Discount Tickets Available At Your Credit Association

Carowinds \$13.95 (ages seven and over)
\$ 9.00 (ages 4-6 and 60 and over)

Regular admission is \$18.95

Biltmore House and Gardens

\$16.10 (ages 18 and up)

\$11.50 (ages 12-17)

FREE (ages 11 and under with an adult)

Regular admission is \$18.95

Emerald Pointe

All Day Splash Tickets

\$ 7.50 (ages 7 and up)

\$ 5.50 (ages 3-6)

FREE (ages 2 and under)

Regular admission is \$11.50

Tweetsie Railroad

\$ 8.25 (ages 13 and up)

\$ 6.25 (ages 4-12)

Senior citizen's 60 and over at child's rate

FREE (ages 3 and under)

Regular admission is

\$10.95 (adult)

\$ 8.95 (child)

Whatever the circumstance, finding a way to say thanks enhances life. Our gratitude can make others happy and promote such qualities as unselfishness, patience and goodwill.