

WHITE SULPHUR SPRING EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
FEBRUARY 2002

JANUARY MEETING: The January meeting was held on January 14 with Sue Chandler, President presiding. Seven members and one guest were present. Cookbooks are here and are selling for \$14.00 each. Sue read a thank you letter from the veterans thanking the club for the stamps which have been sent to them. The club will be making valentines to send to the veterans in the veterans hospital. Leader's training session will be held at Dobson on January 31. Achievement Day will be March 28 at Piney Grove Church. Cultural Arts will be held on March 5 at 7:00. Members signed up for refreshments and also choose secret pals.

The club was very busy last year and plans to be as busy this year. Some of the projects the club participated in last year were: collecting stamps for veterans, collecting medicine bottles and pull tabs from cans, decorating a room at the women's shelter, making eye patches for schools, filling shoe boxes for Good Samaritan's Ministry, birthday party for Colonial Nursing Home, doing a display at Mt. Airy Public Library, making walker packs for nursing home residents, working at the county fair, and dressing dolls for Salvation Army to distribute at Christmas.

FEBRUARY MEETING: The February meeting will be held at Marie William's house on Monday, February 11 at 1:00. Bill Holcombe will be giving a program on attracting hummingbirds. We will also have the crowning of our club sweetheart. Please remember to bring valentines to exchange. Also remember to bring club membership dues of \$10.00 if you have not paid. Hope to see all of you there! (Directions to Marie's house: Take 601 toward Dobson, turn right at stop light at Dollar Tree. Go about 1 block, turn left into Holly View Forest on Pine View Drive. Go to end of road. Marie's house is the last house on the left).

Our club will have a bake sale at the mall on Saturday, February 9. All members make note to help.

BIRTHDAYS FOR FEBRUARY AND MARCH

February 20	Imogene Moore
March 14	Kathy Hallford
March 19	Debbie Sammons

WORDS TO PONDER: "Love and friendship are the greatest things in life."

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY ASSOCIATION
NEWSLETTER
MARCH 2002

I find it hard to believe that it is already March, but as I look around and see flowers beginning to bloom and hear the birds singing, I know that Spring must be near.

FEBRUARY MEETING: The February meeting was held on Monday, February 11, at Marie William's home. Bill Holcombe, guest speaker, presented a most informative program on hummingbirds. Sue Chandler, president, presided over the meeting. Gloria Puckett, special projects chairman, reminded members of ongoing projects of the club, such as collecting stamps for veterans and collecting Campbell soup labels. Sue told club members that our club is responsible for helping with the June extension newsletter. She also reminded members to keep a tally of hours that members work for the club, including month and hours. Sue also reported that the club made \$185.45 on the bake sale held in February at the mall. Imogene Moore was chosen as the club sweetheart after which refreshments were served and valentines exchanged.

MARCH MEETING: The March meeting will be held at the North Main Church of Christ building on Monday, March 11, at 1:00. Kathy Hallford will be in charge of the program which will be on making a basket lining. Please remember to bring a basket and materials to work with.

Gloria Puckett won first place in the Cultural Arts contest for her sheep she made and Barbara Peele won first place for her painted serving tray and third place for her dried arrangement. Congratulations to both of you!

LOOKING AHEAD:

1. Achievement Day - March 21 at 6:30 at Piney Grove Church
2. Spring District Day - March 26 at Mebane
3. Our club will be host at the County Council in May
4. Tour of Surry County for our club - May 1
5. Our club will be responsible for the display case at the Extension Building for November/December. Be thinking of a theme to use.

Debby Sammons requested we put the following "Food of the Month" list for the Yokefellow Cooperative Ministry in our newsletter so everyone is aware of the needs of this organization.

January Cereal, tuna
February Flour, rice
March Peanut butter, crackers
April Cooking oil, dried beans
May Macaroni and cheese, spaghetti
June Canned milk and meat
July Cooking oil, canned fruit
August Peanut butter and crackers
September Canned vegetables
October Dried milk, oatmeal
November Cornmeal, mayonnaise
December Canned milk, canned pasta

BIRTHDAYS FOR MARCH AND APRIL

March 14 Kathy Hallford
March 19 Debby Sammons

WORDS TO PONDER:

"All I Need to Know - I Learned From Noah's Ark"

1. Don't miss the boat.
2. Remember that we are all in the same boat.
3. Plan ahead. It wasn't raining when Noah built the Ark.
4. Stay fit. When you're 600 years old someone may ask you to do something really big.
5. Don't listen to critics; just get on with the job that needs to be done.
6. Build your future on high ground.
7. For safety's sake - travel in pairs.
8. Speed isn't always an advantage . . . The snails were on board with the cheetahs.
9. When you're stressed, float awhile.
10. Remember, the Ark was built by amateurs, the Titanic by professionals.
11. No matter the storm, when you are with God, there is always a rainbow waiting.

**WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
APRIL 2002**

I hope all of you had an enjoyable Easter and are enjoying the beautiful days we have been having lately.

MARCH MEETING: The March meeting was held on Monday, March 11, at the North Main Church of Christ building. We had all members present. Sue reminded members of upcoming events and meetings for the month of March. Our club will have an outing on May 1 with a tour of Surry County. Marion Venable will be our tour guide. Kathy Hallford was in charge of the program. Kathy showed members how to make a basket lining and also gave members an informative pamphlet on lining baskets and gifts from the kitchen. The meeting was adjourned with the club collect.

APRIL MEETING: The April meeting will be held on Monday, April 8, at 1:00 at Becky Hill's house. Lynn Nordin will do a program on gardening tips and flower arranging. Please remember to wear your decorated hats and also bring your lined baskets if you have finished them. Also bring either cooking oil or dried beans for Yokefellow. (Directions to Becky's house: From Mt. Airy take Highway 89W. Go about 6 miles until you come to Maple Grove Church Road (you will see a fruit stand (Corner Market). Turn right on Maple Grove Church Road. Turn left on the next paved road on your left. This is Southern Road. After you cross a little bridge you will turn onto Cornell Lane (this is a dirt road which will be in front of you as you cross the bridge) Go to top of the hill, turn right, house is the only house on the right).

We are very proud and excited that our club was given the gold award (first) for the club of the year in the small club category. Thank you to all who made our club the top club for this year!

Get well wishes go to Marie Williams who recently had cataract surgery. Also remember Raymond Johnson & Mary Dove as he will have back surgery soon.

WORDS TO PONDER:

Life cannot give us joy and peace;

It is up to us to will it.

Life just gives us time and space;

It is up to us to fill it.

When we choose to share our time and space with others, we will reap
the rewards of joy and peace.

Anon.

Joy is not in things; it is in us!

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
MAY 2002

Happy Mother's Day to all our mothers. Hope you have the opportunity to spend the day with your family.

APRIL MEETING: The April meeting was held on Monday, April 8, 2002, at the home of Becky Hill. Lynn Nordin presented an informative program on flower arranging. Gloria Puckett reported that she had sent 5,000 cut stamps to the Veterans. Sue Chandler reminded members to keep track of the time they spent on club activities. The club voted to donate \$50.00 to the Mt. Airy Public Library and also to Canine Companions. The club is going to try to do something special for the 4th of July for the Veterans hospital. Members were asked to wear a hand decorated hat to the meeting. Voting was done on various categories. The winners were: Most unusual-Barbara Peele; Most original-Debby Sammons; Prettiest-Becky Hill; and Just for Fun-Marie Williams. The meeting adjourned with the club collect after which refreshments were served.

MAY MEETING: The May meeting will be held at the North Main Church of Christ on Monday, May 13, at 1:00. Elaine Whitaker will be doing the program on "Feng Shui Tips". Please remember to bring macaroni and cheese or spaghetti for the Yokefellow Cooperative Ministry.

The following is the recipe for strawberry cake served at the April meeting:

1 pkg. white cake mix	4 eggs
3/4 c. frozen strawberries (thawed)	1 pkg. strawberry jello
1 c. Wesson oil	1/2 c. water
3 tsp. flour	

Stir white cake mix, flour, and strawberry jello together. In another bowl, mix thawed strawberries, water, and oil together. Add to dry ingredients and add 4 eggs, one at a time. Bake at 350 degrees for 30-45 minutes. Makes 3 9-in layers or one long pan.

Icing:

1 stick soft butter or margarine
1 box powdered sugar
1/4 c. strawberries

Melt butter, stir in strawberries and sugar. Put on cooled cake.

WORDS TO PONDER: "All I have seen teaches me to trust the Creator for all I have not seen".

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
THE VEGETABLE GARDEN JUNE 2002

MAY MEETING: The May meeting was held on Monday, May 13, 2002, at the North Main Church of Christ building. Elaine Whitaker presented an interesting slide presentation on "Feng Shui". The members decided to undergo a project of making bibs for the local nursing homes. The club also will prepare a booth for the Surry County fair as well as registering the permanent flowers for the fair. The club also planned a trip to the Transportation Museum in Spencer for sometime in July. Date will be announced later.

JUNE MEETING: The June meeting will be held at the North Main Church of Christ building at 1:00 on Monday, June 10. Please remember to bring canned milk and meat for the Yokefellow Cooperative Ministry. We will be preparing cards to send to veterans. Please bring scissors.

FAIR BOOTH: Please be thinking of ideas for decorating the booth at the Surry County fair. The theme this year is disaster preparedness.

BIRTHDAYS FOR JUNE AND JULY:

June 12	Mary Dove Johnson
July 11	Sue Chandler
July 27	Barbara Peele

RECIPE FOR THE MONTH: (If you have a recipe you would like to share please give or send it to Becky Hill) This is a new recipe I tried. It is very easy and also very good.

BIG BROWNIE OATMEAL DROPS

- 1 family-size box brownie mix with syrup pouch (1 lb, 6 1/2 oz.) prepared as directed on box, using 2 eggs
- 1 1/2 cups uncooked oats, regular or quick
- 1 cup walnuts, chopped (optional)
- 1. Heat oven to 350 degrees. Lightly grease cookie sheet(s).
- 2. Mix all ingredients until well blended. Cover and let stand 30 minutes for oats to absorb liquid. Drop rounded Tbsps 1 1/2 in. apart on cookie sheet(s).
- 3. Bake 10 to 12 minutes until tops look crackled and satiny. Remove with spatula to a wire rack to cool. Makes 32.

WORDS TO PONDER:

THE VEGETABLE GARDEN

First plant five rows of peas

Patience

Promptness

Preparation

Perseverance

Purity

Next plant three rows of squash

Squash gossip

Squash criticism

Squash indifference

Then plant five rows of lettuce

Let-us be faithful to duty

Let-us be unselfish

Let-us be loyal

Let-us be true to obligations

Let-us love one another

And no garden is complete without turnips

Turn-up for important meetings

Turn-up with a smile

Turn-up with good ideas

Turn-up with determination

to make everything count for something good and worthwhile.

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
JULY 2002

I hope all of you had a wonderful July 4th spent with family and friends. Let us all be thankful that we live in a country where we have freedom.

JUNE MEETING: The June meeting was held on Monday, June 10, at the North Main Church of Christ building. Our club will host the birthday party for Colonial Rest Home on July 24th. Becky Hill, Mary Dove Johnson, and Debby Sammons volunteered to make cupcakes. Sue Chandler will get the drinks. Barbara Peele will head the club in decorating a booth for the county fair. The theme this year is "disaster preparedness". The group then worked on patriotic cards to be sent to the Veterans Hospital in Salisbury.

JULY MEETING: The July meeting will be held on Monday, July 8, at 1:00 at the North Main Church of Christ building. Please remember to bring cooking oil and canned fruit for the Yokefellow Cooperative Ministry. Hope to see everyone at the meeting.

LOOKING AHEAD:

July 16th - the club will go on a trip to Spencer, N.C. to the train museum. We will receive more information at the July meeting.

August meeting will be our picnic at Mary Dove Johnson's home. Be thinking about what you would like to bring.

BIRTHDAYS FOR JULY AND AUGUST:

July 11	Sue Chandler
July 27	Barbara Peele

RECIPE FOR THE MONTH:

MIXED VEGETABLE CASSEROLE

- 1 lb. California Blend frozen vegetables, cooked & drained
- 1 cup mayonnaise
- 1 1/2 cup grated cheddar cheese
- 1 cup chopped celery
- 2 cups crushed Ritz crackers (1 cup in casserole, 1 on top)
- 1/2 stick margarine (dot on top of crackers)

Mix all together, spoon into a greased or sprayed casserole dish. Top with crushed crackers, dot with margarine. Bake at 325 degrees 30 to 40 minutes.

WORDS TO PONDER:

A PRAYER FOR OUR COUNTRY

O Father, for our land so fair
We offer Thee our praise,
For all its blessings that we share
We give Thee thanks always.

We love its green, green fields so wide,
We love its skies so blue,
We love its friendly countryside,
We love its cities, too.

We love its mountains peaks so high,
Its valleys rich and fair;
Its steeples pointing to the sky,
From churches everywhere.

O Father, bless the land we love
And keep it strong and free,
O ever guide it from above
With help that comes from Thee.

Louise Oglevee

Thou shalt bless the Lord thy God for the good land which
He has given thee.

Deuteronomy 8:10b

BIRTHDAYS FOR JULY AND AUGUST:

July 11	Sue Chandler
July 27	Barbara Peela

RECIPE FOR THE MONTH:

MIXED VEGETABLE CASSEROLE

7 lb. California Blend frozen vegetables, thawed
1 cup mayonnaise

1 1/2 cup grated cheddar cheese

1 cup chopped celery

2 cups crushed Ritz crackers (1 cup in casserole, 1 on top)

1/2 stick margarine (dot on top of crackers)

Mix all together, spoon into a greased or sprayed casserole dish. Top with crushed crackers, dot with margarine. Bake at 325 degrees 30 to 40 minutes.

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
AUGUST 2002

JULY MEETING: The July meeting was held on Monday, July 8, 2002, at the North Main Church of Christ building. The train trip to Spencer was discussed and planned. Also the birthday party at Colonial Nursing Home and the August picnic was planned. Sue Chandler gave an informational program on growing and using herbs.

AUGUST MEETING: The August meeting will be our picnic to be held on Monday, August 12, at 12:00, at Mary Dove Johnson's house. Please remember to bring the following:

Gloria Puckett - chili and buns
Imogene Moore - dessert & pickles
Marie Williams - paper plates & cups
Sue Chandler - lemonade, dessert, & pickles
Debby Sammons - potato salad
Barbara Peele - chips & dip
Marjorie Brookshire - fruit or watermelon
Becky Hill - slaw, onions, tea
Mary Dove Johnson - hot dogs & trimmings

Hope to see everyone there! Also remember to bring peanut butter and crackers for the Yokefellow Cooperative Ministry.

REMINDER: Please be working on items for entry in fair

BIRTHDAYS FOR AUGUST AND SEPTEMBER

September 18 Gloria Puckett

RECIPE FOR THE MONTH

RICE WITH PINEAPPLE

4 cup cooked rice 1 stick margarine
1 cup white sugar medium can crushed pineapple

Put in margarine, sugar, & crushed pineapple in a saucepan, heat, put in rice, stir.

Put in baking dish. Sprinkle 1/4 cup brown sugar on top. Cover with foil. Bake about 30 minutes at 400 degrees.

WORDS TO PONDER: Nature is painting for us, day after day, pictures of infinite beauty if only we have the eyes to see them.

John Ruskin

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
SEPTEMBER 2002

It is hard to believe that it is September! I know we all look forward to cooler days and the changing color of the leaves.

AUGUST MEETING: Our August meeting was our annual picnic at the home of Raymond and Mary Dove Johnson. Great food and fellowship was enjoyed by all!

SEPTEMBER MEETING: Our September meeting will be held on Monday, September 9, at 1:00 at the North Main Church of Christ building. Our club will be helping at the fair on Monday, September 16 from 12:00 to 7:00. Be thinking of the time you would like to help. We will also be discussing the shoe boxes for Good Samaritan ministries. We will also discuss the fair booth our club will be participating in. Also bring scissors to help cut out stamps and eye covers. Hope to see everyone there!

NOMINATING COMMITTEE: The Nominating Committee composed of Gloria Puckett, Marjorie Brookshire, and Mary Dove Johnson will present a slate of officers at the October meeting.

BIRTHDAYS FOR SEPTEMBER AND OCTOBER:

September 18 Gloria Puckett

MEMBER PROFILE: We would like to profile Imogene Moore this month: Imogene graduated from Mt. Airy High School in 1937. She married her husband James in 1938 (he passed away in 1997). They farmed and James worked at the Ford place for 10 years. Imogene worked in a mill for 30 years. She has 4 daughters, 11 grandchildren, 8 great-grandchildren, 4 great-great-grandchildren, and still hatching. She retired 20 years ago. She attends Victory Baptist Church on Riverside Drive. She paints some and loves doing church work and visiting sick (and those who are not sick).

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
OCTOBER 2002

I hope all of you are enjoying the cooler weather we are finally having. Please take time to pause and enjoy the beauty of the changing color of the leaves.

SEPTEMBER MEETING: Our September meeting was held on September 9. Members signed up to work at the fair. Barbara Peele and Debby Sammons showed the members the work that had done on the fair booth. The club decided to do shoe boxes for the Good Samaritan ministries. We will be doing boxes for a girl and boy, ages 5 to 7, and for a boy and girl, ages 9 to 12.

OCTOBER MEETING: The October meeting will be held on Monday, October 14, at 1:00 at the North Main Church of Christ building. We will need to begin collecting dues of \$10.00 from each member. Also if you have any materials for the Good Samaritan shoeboxes, please bring this to the meeting. Kathy Hallford will be having our program. She will be demonstrating how to etch on glass. Please bring \$2.00 to cover the costs of materials we will be using. Hope to see everyone there!

CONGRATULATIONS!!! Our club placed 2nd in the competition for the extension club booths at the fair. Thanks go to especially Barbara and Debby and others who worked on the booth. Also we had many members who entered things in the fair and won ribbons.

UPCOMING EVENTS:

November and December - display at Extension office
November 1 - Christmas Bazaar
March 4 - Cultural Arts

BIRTHDAYS FOR OCTOBER AND NOVEMBER

Lynn Nordin November 9

WORDS TO PONDER: "Nothing wastes more energy than worrying. The longer one carries a problem, the heavier it gets. Don't take things too seriously. Live a life of serenity, not a life of regrets."

**WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
NOVEMBER 2002**

I hope all of you have been enjoying the beautifully colored leaves this fall. I also hope all of you are feeling well and have not had the colds, sinus infections, and sore throats which have been going around.

OCTOBER MEETING: Our October meeting was held on October 14 at the North Main Church of Christ building. Sue announced that the club had received \$100.00 for the second prize our booth won at the fair. A thank you note was received for the eye covers which we cut out for the schools. Our club has sent a one-half gallon container of pull tabs. The club will have two tables for the Christmas bazaar to be held at the Extension Building on November 1. The members voted to make and sell fried apple pies at the bazaar. New officers were elected. They are as follows: President - Becky Hill; Vice President - Sue Chandler; Secretary - Gloria Puckett; Treasurer - Marie Williams. Members worked on filling six shoe boxes for the Good Samaritan Ministries. Kathy Hallford demonstrated etching on glass, after which members got to etch their initials on glass bowls.

NOVEMBER MEETING: Our November meeting will be held on Monday, November 11, at 1:00 at the North Main Church of Christ building. Barbara Peele will have the program on stenciling on terra cotta pots. Each member should bring a terra cotta pot, painted inside and outside, to the meeting. Also remember to bring cornmeal and mayonnaise for Yokefellow Cooperative Ministry. Hope to see all of you there!

DECEMBER MEETING: Our December meeting will be held on Monday, December 9, at 12:00, at Barbara Peele's home. Each member should bring a covered dish to the meal. Husbands and guests are invited. Each person should bring a \$5.00 gift for our game.

DISPLAY CASE & BAZAAR: Our club has put a display in the display case at the extension office. If you get a chance go by and look at it. Our club also did well with the sale of fried apple pies at the bazaar. Thank you to all who made, fried, and wrapped pies.

BIRTHDAYS FOR NOVEMBER AND DECEMBER

Lynn Nordin	November 9
Marjorie Brookshire	December 23
Marie Williams	December 28

WORDS TO PONDER: "To the world, you may be one person. But to one person, you may be the world."

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
DECEMBER 2002

Hope all of you had a nice Thanksgiving. It does not seem possible that it is already December and Christmas is just a few weeks away. We wish all of you a very Merry Christmas!

NOVEMBER MEETING: Our November meeting was held on Monday, November 10. Plans were made for our December meeting which will be our Christmas meal and fellowship. Barbara Peele gave a very informative program on stenciling.

DECEMBER MEETING: Our December meeting will be held on Monday, December 9, at the North Main Church of Christ building at 12:00. This will be our Christmas meal and fellowship. Members signed up to bring the following food:

Mary Dove Johnson & Gloria Puckett - Desserts
Becky Hill - Vegetables (Vegetable casserole & green beans)
Debby Sammons - Cheese ball & Pickles
Barbara Peele - Chicken Pan Pie
Lynn Nordin - Ham
Sue Chandler - Broccoli Salad, Potato Salad & Pickles
Marjorie Brookshire - Drinks

Members are to invite husbands or friends to join us. Be sure to bring a \$5.00 gift for each person who is attending. We will be playing our "Steal the Gift" game. Secret pals will also be revealed during this meeting. Also remember to bring canned milk and canned pasta for the Yokefellow Cooperative Ministry.

BIRTHDAYS FOR DECEMBER AND JANUARY

Marjorie Brookshire	December 23
Marie Williams	December 28
Becky Hill	January 12

RECIPE FOR THE MONTH

Gloria Puckett is sharing her recipe for Oatmeal Cake which she served at the November meeting. Thank you Gloria for sharing this recipe with us.

OATMEAL CAKE

1 cup oatmeal (I use quick)

1 1/2 cups boiling water

Combine and let stand.

1/2 cup shortening

1 cup brown sugar

1 cup white sugar

Cream together

2 whole eggs

Add to sugars and shortening

1 1/3 cups flour

1 teaspoon soda

1 teaspoon cinnamon

1/2 teaspoon salt

Add to creamed mixture, then all oats.

Pour into prepared 13 x 9 pan. Bake 350 degrees for 25-30 minutes.

TOPPING

3/4 cup light brown sugar

1/2 stick margarine or butter

1/4 cup cream

Coconut and nuts (I use 1 cup each)

Mix together and spread over hot cake

WORDS TO PONDER:

Sue Chandler is sharing an article with us this month. You will find it on the next page. Thank you Sue for sharing this article with us.