

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
JANUARY 2001

HAPPY NEW YEAR! Hope all of you had a most joyous and healthy holiday season. Our club looks forward to a new year with many exciting programs and projects to do. Our next club meeting will be on Tuesday, January 9, 2001 at 1:00 P.M. at the North Main Church of Christ. Please remember to bring your \$10.00 dues. We really need all members to be present as we plan for this year's activities. Hope to see all of you there.

Club members really enjoyed the cookie exchange held at Kathy Hallford's home on December 7. Thank you Kathy for having us and for the delicious refreshments and tea. Also thank you for compiling the cookbook.

Club members and guests met at the Western Steer Restaurant on December 12 for the annual Christmas meal and party. Everyone had a good time.

A special thanks goes to Sue Chandler and Gloria Puckett who have really put in many extra hours to make our club what it is. We really appreciate all you do for our club.

New officers were elected at the November meeting. These officers will begin their duties in January. They are as follows: Sue Chandler, President; Gloria Puckett, Vice President; Marie Williams, Treasurer; Becky Hill, Secretary/Public Relations; Kathy Hallford; Scrapbook; and Marjorie Brookshire, Benevolence.

Marjorie Brookshire recently had outpatient surgery on her hand. Hope everything goes well.

Birthdays for January and February:

January 12	Becky Hill
February 20	Imogene Moore

We hope to have a newsletter every month. If you have anything you would like to have put in the newsletter, please call Becky Hill at 789-9652 by the first day of the month.

Words to Ponder:

Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as ever you can.

A recipe you might like to try:

Apple Dumplings

1 can Butter-me-not biscuits

6 chopped apples

Flatten biscuits. Put chopped apples in middle of biscuits. Fold over and seal edges.

Bring to a boil:

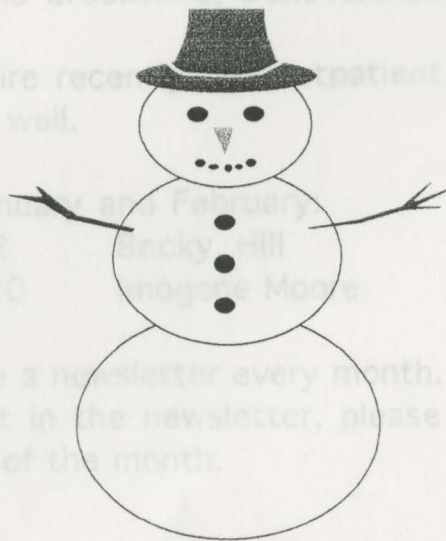
1 stick margarine

3/4 cup sugar

1 tsp cinnamon

1- oz. 7-up

Place biscuits in baking dish. Pour above over biscuits. Bake at 350 degrees for 30-35 minutes.



WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
FEBRUARY 2001

JANUARY MEETING: Our club met on January 8 with Sue Chandler, President presiding. Eight members were present. Club meetings will be held on the second Monday of each month instead of the second Tuesday. The county council will have a learner's training on January 31. Sue and Marie Williams plan to attend. The Spring District Day will be held on March 20 at the Dixie Classic Fair Ground in Winston Salem. The club decided to prepare two shoe boxes of personal items for a boy and a girl, ages 3-5. These will be due in April. Members signed up for a month to provide refreshments for the meetings of the coming year. The club decided to have secret pals for the coming year. Hopefully names will be drawn at the February meeting. For the global issues program, each member brought an item from a foreign country to show and shared a few facts about that country.

A new member, Edie Cogar, was welcomed to the club.

FEBRUARY MEETING: The February meeting will be held at Marie William's house on Monday, February 12, at 1:00. Edie Cogar will provide refreshments. We will have the crowning of our club sweetheart. Please remember to bring valentines to exchange. Also remember to bring club membership dues of \$10.00 if you have not paid. Hope to see all of you there! (Directions to Marie's house: Take 601 toward Dobson, turn right at stop light at Dollar Tree. Go about 1 block, turn left into Holly View Forest on Pine View Drive. Go to end of road. Marie's house is the last house on the left.)

Our club has a display at the library which features some items our club members have made.

Our club will have a bake sale at the mall on Saturday, February 10. All members make note to help.

Birthdays for February and March:

February 20	Imogene Moore
March 14	Kathy Hallford
March 19	Debbie Sammons

MEMBER PROFILE: Each month we would like to profile a member so we can get to know each other better. I have included a form which I would like for you to fill out and bring to our February meeting or mail to me: Becky Hill, 268 Cornell Lane, Mt. Airy, NC 27030. We would like to

profile our newest member this month, Edie Cogar.

EDITH M. COGAR: About me:

I am a native born and bred country girl from Texas, which includes my love of the state flower of Texas, the Bluebonnet. Interestingly, the Bluebonnet only blooms around Easter. As a child my dream was to marry a preacher and have a large family. That dream came true on December 11, 1998, when I married my husband David. We relocated to Mt. Airy shortly after getting married. David is the preacher/evangelist for the North Main Church of Christ here in Mt. Airy.

We are both far away from our parents, with mine in Texas and David's in New Jersey. This is what we both wanted to be able to start our life together. Currently I am employed with Partner's National Health Plans of North Carolina. My primary responsibility is Medicare Claims as a Claims Analyst.

I enjoy collecting anything with bumblebees, and Boyd's Bears. I also spend lots of time with photos and scrap booking David and my memories together. As for further additions to our family, we pray that the Lord will bless us with a child in the near future, and as David says, "If at first you don't succeed, try try again."

A recipe from Edie:

King Ranch Casserole

Whole fryer chicken	3 cans of cheddar cheese soup
Can of Cream of Mushroom soup	Diced onion
Can of Cream of Chicken soup	Diced celery

Corn Tortillas

1. Boil chicken. Boil onions and celery.
2. Debone chicken.
3. Cut corn tortillas into quarters.
4. Mix onions, celery, and soups together.
5. Put small amount of cheese mixture on bottom of 8 1/2 x 11 pan.
6. Layer tortillas across mix.
7. Layer chicken.
8. Repeat 5-7 times and bake at 325 degrees for 25-30 minutes.

WORDS TO PONDER: No act of kindness, no matter how small, is ever wasted. (Aesop-The Lion & the Mouse)



**WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
MARCH 2001**

FEBRUARY MEETING: Our club met on February 19 at Marie William's home with Sue Chandler, President presiding. Seven members were present. Names were drawn for secret pals. Sue reminded members to be saving their old medicine bottles and pull off tabs from cans for the Ronald McDonald's House. The County Council Meeting will be held on March 6 at 7:00 p.m. in the basement of the Farm Bureau building. Cultural arts materials will be judged before this meeting at 6:15. Spring District Day will be on March 20 at the Dixie Classic Fair Grounds. The Achievement Program is scheduled for March 27 at 6:30 p.m. at the Piney Grove Baptist Church. Sue presented an informative program on menopause and hormone replacement. After the program Sue crowned Gloria Puckett as our Sweetheart of the year. Refreshments were served by Edie Cogar and valentines were exchanged. Meeting was dismissed after the club collect. Our next meeting will be on Monday, March 12, at North Main Church of Christ.

WORDS TO PONDER:
We missed many of you at our last meeting because of sickness. We hope all of you are feeling better and hope to see you on March 12.

Birthdays for March and April:

March 14	Kathy Hallford
March 19	Debbie Sammons
April 9	Sylvia Wilson

MEMBER PROFILE: This month we would like to profile our club's sweetheart, Gloria Puckett.

Shortly after my family came to Indiana, my grandfather homesteaded about 500 acres within 2 miles of the Wabash River. The Bussero Creek ran across one side and the sad part is that with all that water so close by I never learned to swim. What I did learn was picking tomatoes, cantaloupes, watermelons, pumpkins and all the garden produce. Harvesting corn was the least desirable as it was tall and hot plus the blades would cut. We children begged Daddy to plant all grain crops to avoid the backbreaking work. After we all left home, he did just that. This year will mark my 59th year after high school graduation. In this little country town we had 2 large brick structures - grade school

and high school. Both buildings are gone. I went to a larger town to find work. I met Glen. He was so handsome in his uniform. He was also very homesick. We married in May 1943, and have 3 beautiful daughters. Now we have been blessed with 5 grandchildren. I worked 28 years for an auto seat manufacturing company. This company changed names about 5 times over the years but was Johnson Controls when I left there. Mostly I did inspection. I still enjoy some sewing and travel. I love magnolias and lilacs, and red birds.

A recipe from Gloria:

Baked Taco

- | | |
|--------------------------------|----------------------------|
| 1 lb. ground beef | 6 flour tortillas (cut in |
| 1 can tomato soup (10 1/2 oz.) | 1 inch pieces) |
| 1 cup salsa | 1 cup shredded cheddar |
| 1/2 cup milk | cheese |

1. Brown the beef and pour off fat
2. Add soup (unduluted), salsa, milk, tortillas, and 1/2 of cheese. Spoon into shallow 2 or 3 quart baking dish that is sprayed with Pam. Cover.
3. Bake at 400 degrees for 30 minutes. Sprinkle with remaining cheese. Makes 4 generous servings.

WORDS TO PONDER:

It's not the one that knows the most that has the most to say,

It's not the one that has the most that gives the most away.

March 14	Kathy Halford
March 19	Debbie Sammons
April 9	Sylvia Wilson

MEMBER PROFILE: This month we would like to profile our club's sweetheart, Gloria Puckett.

Shortly after my family came to Indiana, my grandfather homesteaded about 500 acres within 2 miles of the Wabash River. The Bussaro Creek ran across one side and the wind part is that with all that water so close by I never learned to swim. When I did Pam was picking tomatoes, cantaloupes, watermelons, peaches and all the garden produce. Harvesting corn and the high combine as it was tall and hot plus the blades would up. The farmer begged Daddy to plant all grain crops to avoid the backbreaking work. When we all left home, he did just that. This year will mark my 50th year after high school graduation. In this little country town we had 2 large brick structures - grade school

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER

APRIL 2001

March has been a very busy month for our extension club. We had our regular meeting on March 12, with Sue Chandler, President, presiding. Helen Foley was a visitor to the meeting. Please remember the following projects which our club is participating in: cutting fish shapes from greeting cards fronts for students to cover eye during an eye test, collecting tabs from cans, saving medicine bottles, Ingles grocery receipts, used postage stamps, Campbell's soup labels, and fronts of greeting cards. Barbara Peele and Edie Cogar gave an informative program on skin care over 50. Refreshments were served by Kathy Hallford.

Several members attended the Spring District Day on March 20 and Achievement Day on March 27. Gloria Puckett won an award for Special Projects and our club scrapbook also won an award. Our club also participated in the fashion show.

SURRY WOMEN'S SHELTER. Our club voted at the last meeting to adopt a room at the Surry Women's Shelter. A special thanks to the following members who have participated in this project: Sue Chandler, Gloria Puckett, Kathy Hallford, Barbara Peele, Edie Cogar, Becky Hill and husbands Wade Chandler, David Cogar, and R.C. Hill.

APRIL MEETING. Our next meeting will be on April 9, 2001 at 1:00 at Dobson. The area meeting will be held at 1:00 and we will have our meeting immediately following. Anyone who has outstanding debts to the club should be prepared to pay at this meeting or bring receipts to be reimbursed.

Birthdays for April: April 9 Sylvia Wilson

Get well wishes for Edie Cogar who will have surgery on Thursday, April 5, and Buffy Scott who will have back surgery on April 6. Lets keep these two in our thoughts and prayers that all will go well and they will be up and about again soon.

MEMBER PROFILE: This month we would like to profile our club president, Sue Chandler.

I was born in Sanford (Lee County) N.C. first born on 4 girls. I grew up on a tobacco, wheat, and corn farm. I graduated from Glade Valley, Presbyterian boarding school, attended Martin Memorial School of Nursing where I earned my R.N. and met and married my first husband, Jimmie Lee McBride. We had one child, a son, who gave us 2 very sweet granddaughters. Three years after Jimmie's death (Rheumatoid Arthritis) I married by now husband, Wade L. Chandler. Sue's interests and hobbies include collecting hummingbirds, gardening, crocheting, sewing & crafts, and reading.

A recipe from Sue:

German Potato Casserole

6 cups cubed, boiled Irish potatoes (drained)

8 oz. sour cream

12 oz. cottage cheese

salt & pepper to taste

grated cheddar cheese - 1 cup divided

1 clove garlic

2 tbs. chives

Mix all ingredients saving 1/2 cup cheddar cheese to sprinkle on top. Put into 11' x 13" baking dish. Bake in preheated oven at 350 degrees for 30 minutes or until bubbly.

WORDS TO PONDER:

What does love look like? It has the hands to help others. . .
That is what love looks like.

Saint Augustine

**WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
MAY 2001**

I hope all of you are enjoying the nice weather we have been having and are enjoying the beautiful flowers.

MAY MEETING: Our May meeting will be held on Monday, May 14 at 1:00, at the North Main Church of Christ building. Elaine Whitaker will be presenting the program. Hope to see all of you there.

YARD SALE: Our club will be having a yard sale on Saturday, May 12 at a flea market on 89. You will receive more information later.

NORTHWEST DISTRICT SECRETARIES'DAY: Two cakes were delivered to the extension office from our club to honor the secretaries there.

BIRTHDAYS FOR JUNE:

June 8	Edie Cogar
June 12	Mary Dove Johnson

MEMBER PROFILE: This month our member profile is of Marie Williams, our treasurer.

I am 81 years old. I have three sons - 61, 60, and 56. I retired in 1980 as a secretary in the Winston-Salem/Forsyth County Schools after working for 28 years. I was married 47 years to H.A. Burton who died in 1984. I married Wally Williams in 1985 and have been married to Wally 15 years. He is in a nursing home and has Alzheimer's disease. I enjoy my family very much - 3 sons, 4 granddaughters, 3 great grandsons and one great granddaughter, and enjoy my very dear daughters-in-law. I have been blessed with very good health most of my life.

I love to travel and have made a number of trips to France, China, Alaska, and quite a few states in the U.S.A. I like to read, swim at Reeves Community Center and enjoy my computer and communicating with family and friends by way of e-mail. I enjoy this club very much.

A RECIPE FROM MARIE:

CASIE'S PEANUT BUTTER CHOCOLATE CHIP COOKIES

3/4 cup butter	2 cup flour
3/4 cup sugar	1 teaspoon baking soda
3/4 cup brown sugar	12 oz. chocolate chips
1 cup peanut butter	2 eggs

Mix and drop by teaspoon on lightly greased cookie sheet. Bake at 350 degrees for 10-12 minutes. Very delicious and makes a lot of cookies.

WORDS TO PONDER: The best portion of a good man's life is his little, nameless, unremembered acts of kindness and of love. (William Wordsworth)

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
JULY 2001

I hope all of you are enjoying the sun, rain, and flowers of this beautiful season. Many of us are busy canning and freezing produce from our gardens. We are happy to report that Wade Chandler, Sue's husband, is now home from the hospital and is doing better. Marjorie Brookshire has broken her foot. Hope she is doing well.

JUNE MEETING: Gloria Puckett, Vice President, presided over the meeting. Various projects that the club is participating in were discussed, such as helping 4-H make bookmarks, yard sale, birthday party for the residents of Colonial Nursing Home, and fixing shoe boxes of items for children for the Good Samaritan Ministry. Possible trips for the club were also discussed. Marie Williams presented the program on long term care. A discussion followed and Marie provided members with much helpful information on this subject. Imogene Moore provided delicious refreshments after which members worked on eye patches for local schools.

JULY MEETING: Our next meeting will be on Monday, July 9, at 1:00, at the North Main Church of Christ. We hope to see all of you there.

REFRESHMENTS FOR COLONIAL NURSING HOME: Our club will be providing refreshments for the Colonial Nursing Home residents on Monday, July 16, at 7:00 pm.

Sue Chandler and Kathy Hallford attended the workshops on soap making and herb gardening. Gloria Puckett and Becky Hill helped the 4-H make bookmarks.

BIRTHDAYS FOR JULY AND AUGUST:

July 11	Sue Chandler
July 27	Barbara Peele
August 1	Thelma McKnight

MEMBER PROFILE: This month we would like to profile Kathy Hallford, our scrapbook chairman.

I was born in the bustling city of Baltimore but escaped whenever possible to my Grandmother's home in rural Maryland. Mama, my grandmother, said I was the only country girl she knew who was born in the city. I loved it. Even cleaning the chicken coop was a joy to me. My cousins disagreed! Mother worked to raise us and as the oldest of three girls, homemaking came early. While my cousins spent time curling and straightening their hair, I learned to can and make jelly from Mama.

Joe and I married when I was sixteen. We moved so far back in the

Florida country that it made Mama's look like downtown! Even Mama lived in a block home. I didn't even know they still made wood houses, not to mention the little one out back! I learned to wrap in a quilt and run to the fireplace first thing in the morning and bathe with a pitcher and bowl at night. It was really an experience.

We lived most of our lives on the Gulf Coast of Florida. Last year we moved up to Mount Airy. My husband retired after 32 years in law enforcement. After a lot of running back and forth to Florida I think we are finally settling down. As a boy, my husband listened to the Grand Ole Opry and the Easter Brothers. As much as he loved Gospel music, he could not play or sing (though I enjoy listening to him). The Lord introduced us to the Easter family and Joe became their booking agent and general manager. Even without musical talent the Lord is using Joe in a ministry he loves. He has given him the desires of his heart.

Homemaking has always been my enjoyment. The Lord has blessed me with many abilities in art, needlework, and crafts. I enjoy sharing them with others to brighten their day. I am grateful to all the ladies of this club for all the many things you have taught me and the wonderful times we have shared.

WORDS TO PONDER:

May you have . . .

Enough happiness to keep you sweet,

Enough trials to keep you strong,

Enough sorrow to keep you human,

Enough hope to keep you happy,

Enough failure to keep you humble,

Enough success to keep you eager,

Enough friends to give you comfort,

Enough wealth to meet your needs,

Enough enthusiasm to look forward,

Enough faith to banish depression,

Enough determination to make each day better than yesterday.

Anonymous

MEMBER PROFILE: This month we would like to profile Kathy Hallford, our scrapbook chairman.

I was born in the bustling city of Baltimore but escaped whenever possible to my Grandmother's home in rural Maryland. Mama, my grandmother, said I was the only country girl she knew who was born in the city. I loved it. Even cleaning the chicken coop was a joy to me. My cousins disagreed! Mother wanted to raise us and as the oldest of three girls, homemaking came early. While my cousins spent time curling and straightening their hair, I learned to can and make jelly from Mama.

Joe and I married when I was sixteen. We moved so far back in the

**WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
AUGUST 2001**

It doesn't seem possible that it is already August. Hope all of you are enjoying these last days of summer.

JULY MEETING: The club has been very busy this past month. A Scholastic Children's Thesaurus was donated to the Mount Airy Public Library from the club. About 40 walker packs have been made and distributed to the Twelve Oaks Rest Home. The club hosted a birthday party for the residents of Colonial Rest Home. Members took a trip along the Blue Ridge Parkway to Mabry Mills and also went to Nancy's Homemade Fudge.

During the July meeting, Kathy Halford presented an informative program on canning and bottling fruit juice. She showed the members a juicer/steamer which she had ordered from Finland. Members sampled blackberry cordial and blackberry syrup which Kathy had made from blackberry juice.

AUGUST MEETING: Our August meeting will be the annual picnic held at Mary Dove Johnson's house on Monday, August 13, at 12:00. Please remember to bring the following:

Mary Dove -	Hot dogs, etc.
Margaret -	Drinks, paper products
Gloria -	Buns, chili
Becky -	Potato salad
Edie -	Deviled eggs, chips, dip
Kathy/Sue -	Dessert
Marie -	Slaw, onions
Thelma/Sylvia -	Baked beans

COOKBOOKS: Hopefully the cookbooks will be back in time for sale by Christmas.

BIRTHDAYS FOR AUGUST AND SEPTEMBER:

August 1	Thelma McKnight
September 18	Gloria Puckett

MEMBER PROFILE: This month we would like to profile Barbara Peele. I grew up in Mount Airy. I have been married to my husband Clyde for 33 years. We have 3 girls, Tracy, Amy, and Holly. I am proud to say I am a new grandmother and I love every minute of it. My granddaughter is "Rachel Scarlett" and she was born October 17, 2000. I attend Temple Baptist Church and sing in the choir. I enjoy decorative painting, watching HGTV for new craft and decorating ideas and gardening. I also love shopping and traveling.

A recipe from Barbara:

Melt in Your Mouth Chicken Pie

- 2 1/2 to 3 pound fryer
- 1 can undiluted cream of mushroom soup
- 1/2 teaspoon black pepper
- 1 cup buttermilk
- 2 cups reserved chicken broth
- 1 stick margarine, melted
- 1 cup self-rising flour
- 1 teaspoon salt

Cook chicken until tender. Remove meat from bones. Reserve broth, cut chicken into small pieces and place in a 13 x 9 x 2 in. pan. In a saucepan mix and bring to a boil the reserved chicken broth and soup. In another bowl, combine margarine, pepper, salt, flour and buttermilk. Mix thoroughly to form batter. Pour broth mixture over chicken. Spoon batter over top. Bake at 425 degrees for 25 to 30 minutes.

WORDS TO PONDER:

Do small things with great love.

Mother Teresa

bring the following:

Mary Dove -	Hot dogs, etc.
Margaret -	Drinks, paper products
Glorie -	Buns, chili
Becky -	Potato salad
Edie -	Doritos, eggs, chips, dip
Kathy/Sue -	Dessert
Marie -	Slow. onions
Thelma/Sylvia -	Baked beans

COOKBOOKS: Hopefully the cookbooks will be back in time for sale by Christmas.

BIRTHDAYS FOR AUGUST AND SEPTEMBER

August 1	Thelma McNight
September 18	Glorie Fink

MEMBER PROFILE: This month we would like to profile Barbara Peck. I grew up in Mount Airy. I have been married to my husband Chas for 33 years. We have 3 girls, Tracy, Amy, and Holly. I am proud to say I am a new grandmother and I love every minute of it. My granddaughter is "Rachel Scarlett" and she was born October 17, 2000. I attend Temple Baptist Church and sing in the choir. I enjoy decorative painting, watching HGTV for new craft and decorating ideas and gardening. I also love shopping and traveling.

**WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
SEPTEMBER 2001**

Fall is just around the corner. Enjoy the last warm days of summer and look forward to the beauty of fall which is soon to come.

AUGUST MEETING: Our August meeting was the annual picnic held at Mary Dove Johnson's house on Monday, August 13. Those who attended enjoyed a delicious meal and had fun playing Gloria's "cotton picking" games.

SEPTEMBER MEETING: Our September meeting will be held on Monday, September 10, at the North Main Church of Christ building at 1:00. Each member who can, should bring a homemade Christmas ornament or decoration to share with the group. Members also need to bring their contribution for the Good Samaritan Ministry boxes. Our club had decided to fill two shoe boxes of personal items for a boy and a girl, ages 3-5.

SURRY COUNTY FAIR: The Surry County Fair will be held September 17-21. We will need workers for the flower exhibit. Sue asks that everyone try to enter at least one thing in the competition at the fair.

MOUNT AIRY MUSEUM OF REGIONAL HISTORY APPRECIATION LUNCHEON: Gloria and Becky represented our club at the recent luncheon at the Mount Airy Museum of Regional History. They enjoyed a delicious lunch and a tour of the museum. Our club makes wildflower bookmarks for the museum to sell in their gift shop. If you have not taken a tour of the museum, it is definitely worth your time.

BIRTHDAYS FOR SEPTEMBER:

September 18 Gloria Puckett

MEMBER PROFILE: This month we would like to profile Marjorie Brookshire.

I was born in North Wilkesboro in Wilkes County. My parents were Ben H. Wood and Etta Jane Elledge. I had one sister older than me and two younger brothers. My husband and I went to school together. After he finished school, he went in the army and was sent overseas for three years. He was discharged January 7, 1945 and we got married December 14, 1946. We came to Mt. Airy looking for work and that was in 1950. We were sent to Burlington, N.C., then to York, S.C., and then back to Mt. Airy. He retired here in 1989 and here we are. We call Mt. Airy home. I enjoy my club and all the nice folks here.

WORDS TO PONDER:

A prescription for joyful living: "Be good, be kind, be unselfish."
The Little Book of Hope by Robert H. Schuller

**WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
OCTOBER 2001**

SEPTEMBER MEETING: Our September meeting was held on Monday, September 10, at the North Main Church of Christ building at 1:00, with the president, Sue Chandler, presiding. Gloria Puckett read a newspaper article about the Save the Dog program and reported that our club had donated \$50.00 to this cause. The contributions to the shoe boxes for the Good Samaritan Ministries were collected and Barbara Peele volunteered to fix the boxes. Members volunteered to work at the Surry County Fair to be held the week of September 17-21. A trip to the Shelton's Vineyards in Dobson was planned. For the meeting, each member was asked to bring a hand crafted Christmas ornament or decoration to share with each other. After the program members cut out postage stamps and then enjoyed refreshments served by Gloria Puckett.

OCTOBER MEETING: Our October meeting will be held on Monday, October 8, 2001, at the North Main Church of Christ building. If anyone has a sturdy shoebox (like boots or athletic shoes come in) please bring it to the meeting. We need the boxes to fill with things for the Good Samaritan boxes. We hope everyone will be able to attend.

SURRY COUNTY FAIR: Sue would like to thank everyone who helped at the fair. We had several members who entered and won prizes for their entries.

SHELTON VINEYARDS: We had several members and husbands who visited Shelton Vineyards in Dobson. We visited the winery and also saw where the cheese was made. After the tour, the group enjoyed a "Kentucky Fried Chicken" picnic on the grounds of the vineyards.

MEMBER PROFILE: If you have not returned your profile sheet, please give to Becky Hill. Our profile this month will be Becky Hill:

I was born in Lenoir, NC, the youngest of three children. I

lived on a dairy farm which my father was the manager of. I graduated from Lenoir High School and received my BS and Master degrees in Library Science from Appalachian State University, where I met my husband, Robert (RC). We married in 1969 right after graduation from Appalachian and moved to Mooresville, NC, where we lived and worked for nine years before moving to Mt. Airy to be nearer RC's parents. Our twin daughters, Amy Michelle and April Mari, were born in 1977 while we were living in Mooresville. Amy now teaches first grade in High Point and April is married to David Bolick and teaches third grade in High Point. I worked as media specialist at Dobson Elementary School until I retired three years ago. I enjoy reading, working jigsaw and crossword puzzles, doing crafts, and cooking. RC and I volunteer at Twelve Oaks Rest Home and Mt. Airy Museum of History and stay busy with church activities at North Main Church of Christ. I really enjoy our club and all the members.

A recipe from Becky:

GROUND STEAK SANDWICHES

1 lb. ground beef

1 cup water

1 tsp pepper

1 tsp salt

Brown ground beef. Drain off fat. Put ground beef in crock pot. Add other ingredients. Cook in crock pot on low 3 to 4 hours. Add 4 tablespoons flour to thicken. Good served on buns with mustard and coleslaw.

WORDS TO PONDER:

"Bad times become good times when they bring out the best in you"

The Little Book of Hope by Robert H. Schuller

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
NOVEMBER 2001

OCTOBER MEETING: Our October meeting was held on Monday, October 8, at the North Main Church of Christ building, with Sue Chandler, the president, presiding. Sue thanked everyone who worked or had entries in the Surry County fair. It was reported that the club had collected enough materials to fill three shoe boxes for the Good Samaritan Ministry. Information about several upcoming county workshops and trips was given to the group. Members worked on cutting out stamps for the veterans.

NOVEMBER MEETING: The November meeting will be held on Monday, November 12, at 1:00 at the North Main Church of Christ building. We will be dressing dolls at this meeting. Our December meeting will be our Christmas meal at Gaunce's Cafeteria on Monday, December 10, at 12:00. Husbands are invited. Everyone needs to bring a \$5.00 gift.

Sympathy is extended to Marie Williams and her family in the recent loss of her husband. Our thoughts and prayers are with you.

Gloria Puckett, Becky Hill and husband R.C., and others from North Main Church of Christ, recently did a craft activity at the Twelve Oaks Rest home for the residents there.

BIRTHDAYS FOR NOVEMBER AND DECEMBER:

November 9	Lynn Nordin
December 14	Marjorie Brookshire
December 20	Marie Williams
December 25	Imogene Moore

MEMBER PROFILE: This month we would like to profile our newest member, Lynn Nordin.

My name is Lynn Nordin. I was raised in NW Ohio and moved to Arkansas when I was 16. There I met my husband Paul, and we were married in 1973.

Paul and I have three children. Erin lives in the Atlanta area with her husband and our first granddaughter, Macy (7 months old). Jason

lives in Arkansas and is a student at the University of Arkansas at Fayetteville. Amy is a freshman at Harding University in Searcy, Arkansas.

We moved to this area from NW Arkansas in June 2001. We attend church at North Main Church of Christ and enjoy doing things with our church family.

I enjoy home decorating projects, gardening, crafts, reading and activities that involve church, family, and friends.

A recipe from Lynn:

Longhorn Stew

1 can Rotel

1 can corn

1 large can Veg-all

1 can chopped tomatoes

3 cans minestrone soup

2 cans ranch style beans

1 Tbs. cavenders Greek seasoning

1 onion chopped

1 lb. ground beef or round

salt, pepper, and garlic to taste

Brown beef & onions. Add other ingredients, and salt, pepper, and garlic. Let simmer until hot and flavors have mixed. Makes a very large pot and feeds a crowd.

WORDS TO PONDER:

Recipe for a Happy Day

1 c. friendly words

2 heaping cups understanding

4 Tbsp. time and patience

Pinch warm personality

Dash of humor

Blend together with prayer and Bible study

Keep cool - serve generously

Garnish with love and kindness

WHITE SULPHUR SPRINGS EXTENSION AND COMMUNITY
ASSOCIATION NEWSLETTER
DECEMBER 2001

Happy Holidays! It does not seem possible that Thanksgiving has already passed and Christmas is on the way. Sue would like to thank everyone for a most successful year and she is looking forward to a new year. We wish for all of you a most joyous holiday season.

NOVEMBER MEETING: Our November meeting was held on Monday, November 12, at the North Main Church of Christ building, with Sue Chandler, the president presiding. Dolls were dressed which will be given to the Salvation Army for Christmas distribution. These dolls will be on display in a store window across from Green's Finance in downtown Mt. Airy.

DECEMBER MEETING: The December meeting will be held on Monday, December 10, at Gaunce's Cafeteria at 12:00. Husbands are invited and everyone needs to bring a \$5.00 gift to play "Snatch It". Hope to see everyone there to enjoy the food and fun!

BIRTHDAYS FOR DECEMBER AND JANUARY:

December 23	Marjorie Brookshire
December 28	Marie Williams
January 12	Becky Hill

MEMBER PROFILE: This month we would like to profile Debbie Sammons.

I'm Deborah Wagoner Sammons. I was born in Mt. Airy, NC in 1953. My parents are William and Gearldine Wagoner. I've been blessed to have two wonderful parents, one sister, Barbara Peele, one brother, Ricky, and one brother, Brian Wagoner. I also have 4 nieces-Tracy, Amy, and Holly Peele, and Kourtney Wagoner. Mt grandparents George & Effie Miller moved to Mt. Airy from Tennessee. My grandfather played baseball for a hosiery company. During the Depression you couldn't find many jobs so the hosiery companies gave its players jobs. So by grandparents moved to North Carolina. Grandma Hattie Wagoner was a housewife in the times when women would wind water, had an outhouse, and cooked from scratch. Mt grandfather, Percy Wagoner, was one of the first electricians in Mt. Airy and also worked at the Mt. Airy Furniture Factory.

I was married at 20 years old. The marriage lasted 18 years to Arlis Heifrin. I was blessed to have three children. My daughter Stacia and her husband, Richard Parker, live in Yadkinville, NC. Stacia is branch manager for BB & T in Mocksville, NC. Stacia's husband, Richard, works for Surry Telephone in Dobson as an engineer. My son Shawn lives in Advance, NC as a plumber and travels the Winston Cup Car Races to do promotions for RJR. My son Kevin is a student at Surry Community College and hopes to transfer to Charlotte, NC. Kevin also works at WSYD radio station in Mt. Airy.

I am married now to Joseph Sammons from Elkin, NC, and we moved to our home on the mountain in Ararat, VA. almost 3 years ago. My husband drives a truck for Transcorp which hauls for RJR and we've been married almost 7 years. I am very proud to be a member of the club my grandmother Effie Miller was a member of years ago. I only regret that I haven't been as active since my health has gotten worse.

A recipe from Debbie:

GRANDMA MILLER'S CHOCOLATE PIE

1 cup of sugar	1/4 teaspoon salt
2 Tablespoons cocoa	3 egg yolks
2 Tablespoons butter	1 teaspoon vanilla (Happy Home)
1 cup Carnation Evap. milk	2 Tablespoon flour

In an iron skillet over medium heat put sugar, flour, and cocoa. Slowly add milk, stir constantly, beat in egg yolks, and add along with one tablespoon butter, stir constantly until thick. Remove from heat, add vanilla, and one tablespoon butter. Pour into baked pie shell.

Meringue Top: Beat eggs whites with 1/4 teaspoon cream of tarter until foamy. Add 1/4 cup sugar gradually, beat into stiff peaks. Flavor with 1/2 teaspoon vanilla. Top pie and brown on 450 degree oven until brown.

My Grandma Miller always added red food coloring to her meringue which made it turn pink so everyone knew her pie at church homecomings.

WORDS TO PONDER:

Thank God for your blessings
Love one another
Say a prayer every day
Help someone anytime you can