

# SQUIRE'S VOICE

Surry Community College

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April 1988



Last year's Foreign Language Festival provided entertainment, good food, cultural experiences, and much more.



An area high school student performs a Spanish ballet at the 1987 Foreign Language Festival.

## Foreign Language Festival adds flavor and flair for 1,000

### News Release

A Foreign Language Festival, which is expected to draw nearly 1,000 students and teachers from 13 high schools in North Carolina and Virginia, will be held at Surry Community College April 20.

Sharon Gates, Spanish instructor at SCC and festival coordinator, said, "The Festival is designed to give students another dimension of foreign language studies, through hands-on activities including music and dance, drama, and costume competition, extemporaneous speaking and dramatic reading competition in foreign languages, as well as construction and display of booths and projects reflecting foreign cultures."

### SCC teleconferences address drugs, feature beach party music

#### News Release

SCC held two teleconference programs on Wed., March 16. One addressed the serious problems of drugs, and the other featured the "Pepsi Satellite Beach Party" from Gainesville, Florida. Both were aired through the College Satellite Network and co-sponsored by Rock Against Drugs and Young Artists United.

The program on drugs began at 1 p.m. with information on how to recognize excessive drinking habits and drug abuse, special needs of children of alcoholics, and successful community-based programs for victims and helpers.

From 2 to 3 p.m. on-site discussion was held, with the telecast resuming at 3 p.m. and continuing through 4 p.m. The second segment addressed peer pressure. Students and program guests considered different attitudes between men and women about how they deal with peer pressure.

Guests included David Crosby of Crosby, Stills and Nash, actors Holly Robinson of "21 Jump Street," Blair Underwood of "L.A. Law," and Danny Goldberg who founded the Rock Against Drugs. Program host was Martha Quinn.

The Pepsi Satellite Beach Party began at 8 p.m. on March 16. It was hosted by comedian Tim Settimi, who was recently recognized by the National Association For Campus Activities as the 1987 Campus Entertainer of the Year.

Three bands were also featured: Gene Loves Jezebel, which recently released the "House of Dolls" album; Flesh For Lulu, one of the latest entries from British rock, and Love and Rockets in a special guest appearance.

While the teleconference programs were of special interest to students, the public was invited to attend. Admission was free.

Schools will also exhibit booths showing student work ranging from native foods and artwork to craft demonstrations.

Projects will include foreign maps, flags, pinatas, masks, needlework, models, sculpture, paintings, sketches, posters, and games. Computer programs in a language are often included as part of a booth.

"While the Festival is primarily for students and teachers, we welcome parents and others from the communities represented," Gates said.

The Festival begins at 10 a.m. and concludes at 2 p.m., following presentation of awards and trophies.

Schools to be represented include Elkin, Mount Airy, North Surry, Surry Central, East Surry, and Alleghany in North Carolina, and Carroll County, Fries, Patrick County, Radford, Woodlawn Intermediate, Independence, and Vaughan Intermediate in Virginia.

## College celebrates anniversary

By Frances Owen

The North Carolina Community College System turns 25 in May. Many activities are scheduled to celebrate the silver anniversary. Some of the plans include that every Community College student be given a balloon and at a designated time all the balloons are to be released. There is also going to be a formal dinner in Raleigh, and memorabilia reflecting the anniversary will be sold.

One more activity in particular is to directly affect SCC. A mural which depicts one building from each of the 58 community college institutions is being made. The entire design consists of 180 seven-inch squares. The focal point of the design will be the 58 representations of the different institutions on white cotton. They are strategically placed among dyed velveteen landscapes and delicate paintings of wildflowers on organdy. This design was selected by NCCAEA.

Former N.C. Visiting Artist Susanne Yowell Schuett, from Sampson County, was chosen to design and coordinate the project.

The quilt will be unveiled May 15, 1988, and the finished product will be presented as a gift to Bob Scott, representative of the Department of Community Colleges. After each of the schools has had an opportunity to display the quilt at their respective colleges, the quilt will be permanently placed in the Caswell Building in Raleigh.

## Children's literature series begins April 11

### News Release

The Northwest Regional Library, Surry Community College, and the North Carolina Humanities Council will join forces to sponsor a series of five seminars on children's literature, beginning April 11.

Specialists in the field will be guest speakers in the forum series:

Dr. C.W. Sullivan III, Department of English, East Carolina University, will speak on "Classic Fairy Tales," and "Tatterhood and Other Tales," April 11.

Dr. Jane Gabin, English Department at the University of North Carolina-Chapel Hill, will discuss "Little Women," April 25.

Dr. Elgin Mellown, Department of English at Duke University, will discuss "The Wind in the Willows," May 9.

Dr. Harriette Buchanan, Learning Assistance Program, Appalachian State University, will speak on "Charlotte's Web," and "Bridge to Terabithia," May 23.

Dr. Joyce Pettis, Department of English, N.C. State University, will discuss "Roll of Thunder, Hear My Cry"; and "I am The Cheese," June 6.

The programs are scheduled for 7 p.m. on alternating Monday nights: April 11, April 25, May 9, May 23 and June 6. All will be held at Surry Community College.

Registration for the programs will open at the college library beginning Monday, March 7. Fifty copies of "Classic Fairy Tales" and "Tatterhood and Other Tales" will be available for loan to those who register. Participants are urged to read the books to be discussed at least a week in advance of the meeting date.

Goals and objectives of the series are to bring together teachers, librarians, parents and other interested people who enjoy books and reading; to look at children's literature from an adult perspective; to gain new insights about books that adults read in their childhood; to become acquainted with recent phenomena in the field of children's literature, "problem novels"; and to become re-acquainted with books that transcend the boundaries of age.

Since the Northwest Regional Library serves Surry, Stokes, Yadkin, and Alleghany counties, people from those locations will have special interest in the series, which is free and open to the public.

## Employment outlook survey predicts bright future

By Marsha Shaw

Man Power Inc., the world's largest temporary service firm, conducts a survey on a quarterly basis to determine employer's intentions to increase or decrease their permanent work force.

The Employment Outlook Survey for the second quarter of 1988 indicated a continuation of the strengthening of employment experienced over the past year and a half, with 290 percent of employees interviewed planning to increase employment and only 6 percent expecting a decline. Not since 1984, which was also an election year, has there been such a strong national forecast.

The Southern employment picture is similar to that of the Northeast, which in the 12-year history of the survey has never been more optimistic, where the best prospects lie in the manufacturing of durable and non-durable goods.

Wholesale and Retail firms will be seasonably strong, and Public Administration jobs should be more plentiful than usual for the season and Non-durable goods look optimistic for the fourth consecutive quarter.

Transportation and Public Utilities in the South should surpass the hiring levels of recent years, but the Education sector (both public and private) appears to be the weakest sector of employment demand during April, May, and June.

## At last Spring break arrives!

By Wendy Frye

Each year students look forward to spring break. With Christmas break being the last official vacation since the beginning of the year, spring break is greatly needed and well deserved.

Many students spend a great deal of time planning for spring break, and whether they go to the beach or stay home, April 2-10 will still be a glorious week of fun. The week is a time to forget about school, tests, and homework, and to catch spring fever!

We asked a few SCC students this question, "What are you doing for spring break?" Here are their answers:

Kathy Bullis - "Moving."  
 Wendy Childress - "Gong to the beach."  
 Shannon Bondurant - "Deep-sea fishing!"  
 Lee Rierson - "Water Skiing!"...(Water Skiing?)  
 Skip O'Neal - "Pig hunting."  
 Doreen Tilley - "Working."  
 Tabitha Harrison - "Going to Florida."  
 Wendy Frye - "Landscaping."

If you are planning a trip to Myrtle Beach, S.C., here are some motels located within walking distance of all the major beach attractions. The addresses are located on North Ocean Boulevard (NOB), unless otherwise indicated. March 8 through May 1, rates are \$27-45 or above. May 2 through May 29, rates are \$30-47 or above. (Unless otherwise indicated all phone numbers have an 803 area code, and O.F. indicates ocean front rooms are available.)

Bar Harbor Motor Inn, 1st Ave. N. and Ocean Blvd., Box 2390, 448-2378 O.F.  
 Bay Shore Motel, 1102 NOB, 448-6309 O.F.  
 Beverly Motel, 703 NOB, 448-9496.  
 Blue Bay Motel, 1204 NOB, 448-3483 O.F.  
 Boardwalk Motel, 2206 NOB, 448-8545 O.F.  
 Breakers, 2006 NOB, 448-2474 or 1-800-845-0688 O.F.  
 Breakwater Inn, 1402 NOB, 448-8591 O.F.  
 Carillon Motel, 1406 NOB, 448-2463 O.F.  
 Dolphin Motel, 1505 NOB, 448-3917.  
 Driftwood, 1600 NOB, 448-1544 O.F.  
 Florentine Motor Inn, 1603 NOB, 448-7185.  
 Golden Villa Motel, 1006 NOB, 448-7664 O.F.  
 Greenbrier Motor Inn, 2104 NOB, 448-1776 O.F.  
 Harts Villa Motel, 2106 NOB, 448-8541 O.F.  
 Java East Motor Inn, 1502 NOB, 448-2341 O.F.  
 Kentucky Inn, 1201 NOB, 448-7337.  
 La Roca Motel, 1708 NOB, 448-3341 O.F.  
 Malibu Motel, 2001 NOB, 448-3237 O.F.  
 Myrtle Shores, 1902 NOB, 448-1434 O.F.  
 Odyssey Motel, 2103 NOB, 626-3525.  
 Poindexter, 1702 NOB, 448-8327 or 1-800-248-0003 O.F.  
 Roxanne, 1604 NOB, 448-9486 or 1-800-258-1164 O.F.  
 Sand Castle Motel, 1802 NOB, 448-7101 O.F.  
 Sea Park Motel, 1501 NOB, 448-3042.  
 Tides Motel and Apartments, 1206 NOB, 448-8438 O.F.  
 Tropical Court, 1404 NOB, 448-8595 O.F.  
 Waterslide Motel, 1908 NOB, 448-5935 O.F.

If you have yet to make plans for spring break, here are some things you can consider: work on your tan, play golf or tennis, go horseback riding, go shopping, catch the great outdoors, or start your spring cleaning. Whatever you do, be careful and have fun!

## Consumers win in issue over anti-taping videotape equipment

By Kathy Ingram

In the last several years there has been a growing market for video equipment. Concerns with duplicating materials that have been copyrighted have led to the installation of devices in video cassette recorders (VCR's) to prevent the copying of such works.

Most recently, the Copycode system, an anti-taping mechanism of the Home Recording Rights Coalition (HRRC), has undergone much debate concerning the system's distortion of music, overall effectiveness, and capacity for being bypassed.

The National Bureau of Standards (NBS) discovered that Copycode failed in each of the three basic tests which were given. (1) Often it did not prevent taping and gave false positives. The false positives prevented recording even when no encoding command was applied.

(2) The NBS also found that the system could be easily bypassed. Therefore, it was faulty in its very purpose to keep consumers from making copies of copyrighted materials.

(3) The Copycoding system's distortion of music was quite audible. On this issue, Thomas P. Friel, chairman of the HRRC, commented, "The fact that Copycode distorted music was something which we felt Congress should know. Our main objection to the bills requiring Copycode (H.R. 1384 and S. 596) was that they would have eliminated the consumer's right to enjoy a new musical format, for no good reason."

Friel, who is also vice-president of the Consumer Electron-

ics Group of Electronics Industries Association, described the operation of Copycode: "Copycode worked by cutting a narrow 'notch' in the upper mid-range frequencies of music on records, tapes, discs, and FM broadcasts, requiring an integrated circuit 'anti-taping chip' to be installed in DAT (device for anti-taping)."

Finally, Friel said that the HRRC would resist any further requests to put up money to finance investigations of anti-taping systems. Friel stated, "Fair is fair. We put up the money and took the risk. We think anti-taping systems are a terrible idea even if they don't distort music; it just so happened that we were certain this one did. We don't think any committee of the Congress will ask us to, in effect, finance further R & D toward a goal we find abhorrent."

## SCC sponsors employee seminar

News Release

SCC's Industrial Training Division will sponsor a seminar March 23 on utilizing employee involvement as a means of reducing absenteeism and turnover in business and industry.

Instructors for the program include Larry Wilkes, Employer Service Representative of the Employment Security Commission in Winston-Salem, and Les Nichols, Training Manager for Burlington Knit Fabrics in Statesville.

The seminar will begin at 1:30 p.m. It is offered as a public service to local business and industry, and no registration fee is required. However, registration should be made with Ann Hennis, Director of Industrial Training at the college (386-8121).

Wilkes will discuss the problem of absenteeism and turnover, which adversely affects productivity, lowers worker morale, results in poor product quality, higher replacement training cost, added payroll for standby employees, and excessive record keeping.

Nichols will discuss employee involvement through the team approach. A graduate of Surry Community College's evening program, where he earned his degree in Appalachian State University's cluster program, Nichols has for several years worked in employee training and supervision. He will discuss constant training, participation by employees, recognition by management and personal pride generated through direct involvement.

## Tanning beds-popular trend?

By Dawn Niten

Tanning beds are a popular, simple, and quick way to get the smooth tan needed for the spring and summer months ahead. If pale isn't your color, maybe you should consider going to a tannery; but you may first want to become more familiar with how a tanning bed works and what some of the dangers of artificial tanning are.

The tannery equipment is simple to use because it has an automatic timer which is set so that you spend only a safe amount of time under the rays. Goggles are provided as a safeguard to protect your eyes and must be worn. No contacts can be worn and should be removed before tanning because

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## Book Review

### Today's women seek "bad love" in romantic relationships

By Jane Owens

In this day and age women seem to be more financially independent. But, emotionally, says Robin Norwood, author of 'Women Who Love Too Much,' most women find themselves latching onto men. Norwood gathered this information and supporting facts for her book by conducting interviews with hundreds of women.

Norwood is a licensed marriage, family, and child therapist in private practice. She specializes in treating unheathful patterns of relating in love relationships, as well as addiction, co-addiction, eating disorders, and depression.

Being deeply in love with a man is a normal and healthy part of the lives of women, says Norwood, but the men that women often choose to love are widely "unhealthy." That is, according to Norwood, they are unhealthy in regard to abuse of drugs, alcohol, irresponsible actions, or merely emotionally distant. Women who love men who are unhealthy, says Norwood, may be women who love too much.

This phenomenon is wide-range in America. Women who love too much find themselves in relationships with men who abuse them physically or emotionally. A man who is addicted to a harmful substance is unable to communicate and participate in a healthy, fulfilling, sharing relationship.

Furthermore, Norwood points out that some men who are insecure search for women who can take care of them, forsaking the chance of an equal partnership. Some men who are constantly enveloped in their work or hobbies leave their female partners without affection, attention, and emotional support through everyday life. Women not only become involved with these men, but they stick with them even though they are in an unhealthy, ungratifying, and fairly unstable relationship. This tolerance is called love, but a woman with this much tolerance is loving too much.

Why do women love too much? The past always hauntingly comes back. Women who love too much do so accordingly to their past and family relationships in childhood. Perhaps she received physical abuse as a child from a parent (or from another adult influence) who was addicted to drugs or alcohol. The child could have also suffered emotional and verbal abuse from a parent who was emotionally distant because of work, divorce, mental illness, or even death.

Norwood implies that such a background could leave a young girl feeling guilty and insecure. To gain control and security, she may unconsciously seek relationships with men who need her help in order to recapture the past and to try to make a "happy ending."

Men who are involved with harmful substances or find it hard to relate to others definitely seem to need help. The woman who loves too much sees herself as the one who can change them. She can rid herself of her guilt from childhood by making him (a resemblance of her unhealthy parent or adult influence) into a better person. A woman who loves too much finds security with men like this also because, to her, a man with such problems will need her and stay with her because his problems are unattractive to other women. Yet, a man of this type can be absent in more ways than one by being physically present but emotionally distant.

After such relationships fail, women who love too much feel even more guilty and insecure so they move on to more unhealthy men. The only solution to this problem of loving too much is found in Norwood's book, which is an interesting look at women and problem relationships. The answer is not to find a successful way to change unhealthy men, but for women to change their tendencies to go for these men. In the unlikely event that a man does change, the woman still feels dissatisfied. A man who changes begins to take control over his own life.

Unfortunately, the woman who loves too much cannot deal with her loss of control. She feels inadequate for a man who is "healthy." She also misses the continued crises that are present in unhealthy relationships. Hard times and dealing with crises are the only ways she knows to relate because that is what her childhood family relationships consisted of. Satisfying, smooth, healthy relationships are uncomfortable for her and she finds she cannot have love relationships with "nice guys," says Norwood. Therefore, if she succeeds in changing her man, she is still unhappy in the end.

A woman who loves too much must change her own values, her current ways of relating, and her self-concept. This is a long and treacherous road to travel. But, Norwood's book offers women a sure way to free themselves from destructive loving through a ten-step recovery program.

## Students respond to teacher questionnaire

By Jane Owens

Students are given an opportunity to "grade" their instructors each fall quarter in an effort to improve instruction, grading, etc. by filling out Teacher Evaluation Forms. In the last five years an average of 3664 students have filled out these forms which reveal that teachers have been consistent in excellence of application of subject, organization and presentation in class, fair grading, punctuality in beginning and ending class, and teaching technique.

Here are the overall results for the last five years:

### Instruction

90% - Well versed in subject and its application  
82% - Well organized and presented  
79% - Excellent or good textbook (dropped by 6% in the last year)

### Grading

60% - Excellent coverage of material on quizzes  
82% - Excellent in "fair grading"  
35% - Expected an A  
44% - Expected a B  
91% - Excellent or good course (dropped 7% in the last year)

### Teacher

80% - Pleasant and easy to talk to  
75% - Begins and ends class on time  
55% - Inspires excellent learning atmosphere  
69% - Offers outside class assistance  
72% - Enthusiastically interested in subject  
72% - Arouses interest and stimulates learning  
94% - Overall excellent or good teacher



Golf team (L to R): Todd Nichols, Tony Boles, Brian Wallor, Burton Christie, Stew Roberts, and Darren Smith.

## SCC students devote leisure time to athletic activities

Surry Community College is primarily a commuter school, so intercollegiate sports are not always attractive activities for students who work, as well as go to school. In fact, SCC offers only two intercollegiate sports, golf and tennis, in which participants compete against students enrolled at other post-secondary institutions. Regardless of the limited intercollegiate sports, however, SCC students are not without ample physical activities in terms of intramural volleyball, basketball, and softball for the avid sportsman.

Volleyball is a traditional fall sport (October and November) at Surry with established rules for team play. Interested players must be students who are taking at least five credit hours and are responsible for organizing their own teams and for devising a team name. A team consists of at least ten players, and only six of those members, one of whom must be female, are allowed on the court at a time. In order for the team to win a match, the players must win two out of three games, and all players must exhibit sportsmanlike conduct at all times.

This year's teams included a faculty team, High Voltage, The Jets, Hick's Slicks, and the Wads. The season champions were The Jets with a record of six wins and no losses and consisted of team members Sheri Beach, Kim Roberts, Glenda Weatherholt, Ziad Nakhle, Tommy Branch, Kevin Baird, Grayson Key, and Lynn Brintle. Trophies were awarded to all members of the championship team by coordinator of intramural program, Paul Hinshaw.

The other teams finished in this order according to their respective win-loss records during the season: Faculty (4-2), High Voltage (2-4), Hick's Slicks (0-6), the Wads (0-0).

November, December, and January bring intramural basketball to students who are carrying five or more credit hours during winter quarter. Should a student withdraw dur-

ing the quarter, that student is ineligible to participate in the sport.

All participants are expected to conduct themselves appropriately at all times during the games. Other rules governing intramural basketball are as follows:

— Each team must furnish one game official for the game in which they are not playing that day.

— Basketball shoes must be worn at all times on the court.

— Two time-outs are given to each team during each half of the game. If a game ends tied, a three-minute overtime will be played.

— A team who does not have five players ready to begin the game by five minutes after the scheduled game time will forfeit the game.

— The games are played according to intercollegiate rules with these exceptions:

1. No 45-second shot clock

2. Clock runs continually, except for the last two minutes of the game, and will stop for time-outs only.

— The season champion will be determined by a tournament at the end of the season, and trophies will be awarded to each member of the championship team.

At the end of the season, team standings were Public Enemy (4 wins, 1 loss); Nighthawks (3-1); High Voltage (3-2); Silver Bullets (2-2); Brew Crew (1-3); Bulls (0-4). In spite of its winning record, however, Public Enemy was defeated in the season tournament to claim the title of season champs. Team members included team captain Brian Warren, Patrick Spence, Kyle Henley, Brent Hardy, Brian Waller, Mike McHone, and Mark Hiatt.

In addition to season champions, the top ten scorers from these teams were also recognized. These players, along with their respective averages of points per game, were Patrick

Spence (27.0), Bill Hall (23.2), Pernel Webster (21.3), Brian Warren (21.0), Burke Mauldin (20.8), Chad Branch (19.8), James Conner (19.4), Grant Hodges (18.0), Mike Williard (17.5) and Stu Roberts (17.3).

In terms of varsity intercollegiate sports, the golf and tennis seasons have just started. March, April, and May are primarily dedicated to these sports, as well as to intramural softball (which will be organized later this month).

The varsity golf team, coached by Paul Hinshaw, officially began its season against Catawba Valley Technical College (CVTC) on Mon., March 14. On Mon., March 21, the Knights met A.B. Tech and Mitchell College at Lakewood.

The intercollegiate team consists of freshman and sophomore members Burton Christie (graduate of South Stokes High), Kevin Collins (North Surry graduate), Eugene Groves (North Forsyth graduate), Bill Hall (Patrick Co., Va. graduate), Greg Magaraci (South Stokes grad), Todd Nichols (East Surry grad), Darren Smith (South Stokes grad), David Smith (North Surry grad), and Brian Waller (North Forsyth). Other scheduled matches will be played at 1 or 1:30 p.m. as follows:

— Mon., March 28 CVTC and Central Piedmont at Cross Creek

— Tues., Apr. 12 CVTC, A.B. Tech, Mitchell at Rock Barn

— Fri., Apr. 15 Mitchell and Forsyth Tech at Cross Creek

— Mon., Apr. 18 CVTC, A.B. Tech, Mitchell at Lakewood

— Thur., Apr. 21 CVTC, A.B. Tech, Mitchell at Asheville

— Mon., Apr. 25 CVTC, A.B. Tech, Mitchell at Cross Creek

Monday and Tuesday, May 2-3 are scheduled for the conference tournament and Saturday, Sunday, and Monday, May 7-9 have been scheduled for the Region X tournament. Additional information for both tournaments will be provided in a future edition of the Squire's Voice.

## Surry Community College promotes learning for all through Adult Basic Education

By Bart Massey

As Joseph Addison once said, "Education is a companion which no misfortune can depress, no crime can destroy, no enemy can alienate, no despotism can enslave. At home a friend, abroad an introduction, in solitude a solace, in society an ornament. It chastens vice. It guides virtue. It gives at once grace and government to genius. Without it, what is man? A splendid slave, a reasoning savage."

Surry Community College believes firmly in the promotion of the education of all. In fact, the Continuing Education Division promotes the on-going education of the adult population in SCC's service area.

Any person eighteen years of age or older may be admitted to a continuing education class. North Carolina adults age 65 and older may register for classes in the Continuing Education Division free of charge.

Fees vary with the type of course offered. Adult basic courses which are supported primarily from state and federal funds are free. Fees are announced in the course schedule and are paid at the first class session. Books and supplies are usu-

ally the responsibility of the student and may be purchased from the college bookstore.

One strength of the Continuing Education Division involves the High School Completion Program. North Carolina High School Completion Certificates are awarded to students who successfully complete the Adult High School Program. For the successful completion of other adult education programs, the student is awarded an Achievement Certificate. A minimum of 80 percent student attendance (and successful completion of other course requirements entitles one to receive the Achievement Certificate.

The Individualized Instructional Learning Centers in Dobson, Mt. Airy, and Boonville provide an opportunity for any interested adult to study a variety of courses ranging from the elementary school level to the college level. Emphasis is placed on providing instruction on an individual basis through the use of programmed materials, film strips, tapes, and other learning/teaching strategies by professional instructors. Individuals are free to set their own study hours and pace at the beginning of each quarter.

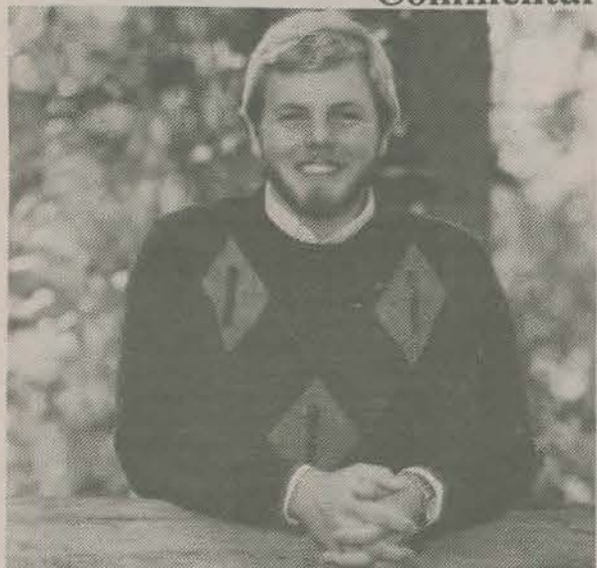
Students who are advised to complete phases of programs leading to a high school diploma, or who are advised to do remedial study in association with a college course of study, are expected to show steady progress toward a predetermined objective. There are no teacher-administered tests, grade assignments, or set speeds of completion for most courses of instruction.

Currently, Adult Basic Education (ABE) classes are being held at all three Learning Center locations, at East Surry High School in Pilot Mtn., Elkin High in Elkin, North Surry High in Mt. Airy, Yadkin Elementary in Yadkinville, Lowgap Elementary in Lowgap, and the MADOC Center in Mt. Airy.

Local businesses and industries also offer ABE classes, but these are for employees only. These include the Adams-Millis Corporation (Mt. Airy), Brown Wooten Mills (Mt. Airy), Chatham Manufacturing (Elkin), and the Renfro Corporation (Mt. Airy).

Persons interested in taking continuing education classes, including the High School Completion Program, may obtain additional information from Surry Community College by phoning (919) 386-8121.

Commentary



Benny Nichols is a second year student at SCC planning to transfer to ASU to major in Foreign Languages. His hobbies include fishing, hunting, and coin collecting. Benny most ambitious goal, he says, is to work as an interpreter for the CIA.

**Tannery** — continued from page 2

that heat may cause the contacts to melt in your eyes. Before your session you should note that because some people tan easier than others you should ask the person who is working at the tannery what time he or she would recommend. The average length of time spent per session is 20 minutes; however, 30 minutes is allowed after a base tan has been formed.

Medications can affect your reaction to the rays from the tannery so it is essential that you provide this information to the tannery yourself so that, if some reaction does take place, the owner of the tannery will find a place to begin looking for reasons why skin irritation or other problems have affected you.

Many types of booths and beds are used, some of which contain different amounts of rays. The sun's rays, which scientists call UVB rays, are present in tanning beds as well as UVA rays. The UVB rays soak into the skin and cause burning if they are in contact with your skin for even a brief length of time. The UVA rays are the tanning rays—that part of the sun's spectrum that deepens and sets a tan.

Because all tanning beds are not the same, you can find out what type of rays are used by reading the seal on the machine. You will also find a warning on the machine which lists some of the dangers you face if the bed is used.

Tanning effects can be noticed after only two or three sessions, and after seven to ten consecutive sessions, a deep rich tan should be noticeable. In order to maintain the tan one or two visits per week is reasonable. The tan should look exactly as it would if natural sunlight has been used.

However, effects from the artificial sun rays can be dangerous which is stated on a warning label of the tanning bed, usually located on the lid. The warning states that overexposure to the rays may cause eye damage or burns to the skin and that excessive use can cause certain types of skin cancer or premature aging of the skin.

Also, certain types of lotions, make-ups, and medication can make a difference in the skin's reaction to the UVA rays that are projected onto the skin. It is advisable that no make-up or lotions be worn during the session, but lotions may be applied afterwards. Also, if medication is being applied or orally used, a physician should be contacted before using the tanning bed.

# Is respect down the drain?

By Benny Nichols

Respect — a simple word with two syllables and a complex meaning. Its meaning varies from person to person for everyone has his or her own definition. Hopefully, everyone has some degree of respect, no matter how little.

In my opinion, however, respect is a personal human characteristic that is composed of admiration, esteem, and gratitude. I respect my elders — sometimes because they're old and supposedly wiser and "holier than thou," so I have a sense of admiration for them. But the respect of which I am speaking is general or common respect, a respect that the majority of the American people have lost.

For example, I recently attended a near-capacity basketball game. The game involved a local high school. The pre-game activities began and were executed as usual. You know the scene: the cheerleaders jumping, the players warming up with a series of shots, the announcers jabbering about last year's games, and hot dogs. You know there is no such thing as a ballgame in America without the mighty hotdog loaded high with relish, onions, slaw, and of course hot chili oozing out of the bun and onto your shirt. Also, let's not forget the popcorn. People eat popcorn by the handfuls — why is that? — and four or five kernels never make it to the oral cavity and end up on the floor.

Meanwhile, at the game silence persists, the crowd has calmed. The band is ready and the flag is brought out. Boom! The National Anthem is being played; I'm standing, hat in hand over heart, paying my own personal tribute to Old Glory and to my country; and to my horror, only the players and myself are paying our respects.

What's wrong here? Have we as Americans lost our sense of respect and pride for our flag? Are we not supposed to stand for our flag? Or maybe the rules have changed. I think I'll write Miss Manners tomorrow. And what would Francis Scott Key think of these inconsiderate people at the game?

By the way, wasn't it cruel of his parents to plague him for life with a name like "Francis?" And how about Miss Manners? Is "Miss" short for Melissa or Missy? You know it seems to me that Missy is just as short as "Miss."

Back to respect. The media has also lost its respect for common folk over the years. For example, every night at dinnertime — and it doesn't matter what time I eat, whether it's 5:00 or 8:00 — the news always manages to show us those starving people in Africa with those great big black flies flying up people's noses.

## Letter to the Editors

### Reader appeals to U.S. for more AIDS research

Dear Editors:

When will the President wake up to reality? He continues to purchase another unneeded nuclear weapon system of mass destruction (the B-1 bomber) at a final cost of more than \$280 million per plane. Meanwhile, across the nation and the world people are dying in a ravaging AIDS epidemic. Surely, by canceling the B-1, S.D.I., and other unneeded nuclear weapon systems, enough money would be freed to find cures for AIDS, most cancer, and probably feed and shelter the homeless, and still go a long way toward balancing the budget.

The F.D.A. must wake up to reality also. While people die of AIDS here in America, other AIDS sufferers elsewhere are being saved with AIDS drugs, of which the F.D.A. stubbornly delays testing and approval, not to mention making it illegal to manufacture, prescribe, and possess them. The F.D.A. must wake up and cease its anti-humane AIDS policy immediately.

I know you've seen 'em. They're big old flies, bigger than the ones we have around here. Those flies do all kinds of acrobatic stunts and always dive up the nose holes! Now you tell me who could possibly eat their "pate' de frois a la mode" while watching this? I'm glad we don't have those flies here; but, on the other hand, if we did, obesity would be on the decline, I'm sure.

Another form of lost respect is for personal property. Now it's spring and I'm sure I'm in for a repeat of last year. Let me tell you. Last spring, the grass was green and mown, the hedge was trimmed, the trees were pruned, and the flowers were planted and mulched. My entire yard looked like a picture from 'Better Homes and Gardens' and then it happened. It happened just as it has happened for many years before. Some nut came by and saw how nice and neat the yard looked and threw out a soiled diaper. (I said "soiled" because I did not want to offend anyone by saying a mustard-colored piece of stinking cloth.)

I don't know how many times I've seen my dog tear up those scourges of childhood last year. He'd tear up the diaper and "strow" it all over the yard.

It takes a very sick person to throw out a dirty diaper in someone's yard; after all, he or she could've thrown the cursed thing in my neighbor's yard; why mine?

Well, anyway, I don't know about you, but I have never been driving down the road and had the opportunity to change a soiled diaper. It seems to me to be impossible. I bet those people save up all those old dirty diapers and store them up in their cars so when they see some neat, well-kept yard, they'll have something to throw. I guess it's like throwing eggs at Halloween, except that these disrespectful few don't have any chickens!

Then guess who has to pick it up after Rover is through playing with it — me! I'll get a stick and shove it into a pail and, just when I succeed, here comes Rover with "baby doodle" on his head and rubs up against my leg.

You know, I think I've just discovered another form of birth control — picking up some stranger's baby's mustard undergarments!

And it isn't just trash in my yard. Have you taken a good look around lately? Have you noticed people's garbage, bags and all, alongside the road? No wonder Chief Iron Eyes Cody always cried! Whatever happened to the "Keep North Carolina Green and Beautiful" campaign of years ago. Why are people so tolerant of such a sight? I wonder what Miss Manners would think!

The Supreme Court must wake up to reality also and recognize that the true marriage bond is the strong love and mutual sharing relationship bond, and not a piece of paper. It must recognize this and the need to grant nothing less than full human, civil, and economic rights and privileges, regardless of sexual preferences in such relationships.

I urge everyone to wake up the President, Supreme Court, F.D.A., and Congress by sending them copies of this letter as part of a chain letter to everyone's friends and relatives so that they may do the same. Let's all do our part also and make a donation to an AIDS charity.

Leonard DeFazio, Jr.  
31 Elmwood Avenue  
Batavia, NY 14020

## Wild Wind

You treat me so inanimately  
With your ill and blatant ways.  
Your sweet summer caresses  
Vanished in winter's haze.

You touch my face lovelessly  
And tug my hair in anger.  
When you brush against me now,  
You never want to linger.

How I miss the summer days  
You gently tickled my back.  
Your playful ease in sunshine  
Somehow began to slacken.



By Jane Owens

Now I hear you at my window  
Thrashing in anger at me.  
I long to tame your wildness  
And feel your old security.

But time has played its part  
My love for you now dies.  
Your gentleness of summer  
Faded in the winter skies.

So go away wild wind.  
Touch me never more.  
Go far away from my window;  
Stop beating upon my door.

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