



NEWS

Vol. 3 - No. 1

Chatham Manufacturing and Northern Chatham Bedding, Elkin, North Carolina 28621

January 14, 1991



Prepare For A Better Year - 1991

The month of *January* owes its name to the ancient Roman deity, Janus, god of doorways as well as god of the beginning of any important undertaking.

Janus was two-faced, not because he was double-dealing or false, but rather because he stood guard at the gates of Rome. One face turned to the front; the other, to the back. Therefore, none could enter or leave Rome without his knowing it.

January, then, is appropriately named after Janus; for it is the beginning of a very important undertaking: a new year. Additionally, since he faces both to the front and to the back of the entrance to the city, he symbolically looks back on the year just ended and forward to the year beginning.

So look back with Janus to 1990. Reflect on the sorrows and joys of the past. Further, consider what you have learned during that year. Then, look forward to 1991 with renewed courage based on the mistakes of the past and the knowledge resulting from each experience.

And with Janus, prepare for an even better year.



"Each day is an opportunity to start all over again, to cleanse our minds and hearts anew, and to clarify our vision. And let us not clutter up today with the leavings of other days."

-Oliver Wendell Holmes

Thoughts For A New Year

Write it on your heart that every day is the best day in the year. He is rich who owns the day, and no one owns the day who allows it to be invaded with fret and anxiety. Finish every day and be done with it. You have done what you could. Some blunders and absurdities, no doubt, crept in. Forget them as soon as you can, tomorrow is a new day; begin it well and serenely, with too high a spirit to be cumbered with your old nonsense. This new day is too dear, with its hopes and invitations, to waste a moment on the yesterdays.

-Ralph Waldo Emerson

Benjamin Franklin, the Father of American Printers

International Printing Week is traditionally celebrated during the third week of the month of January to honor the patron of American printers: Benjamin Franklin, born January 17, 1706.

Franklin would have appreciated that honor, for though he was a diplomat, scholar, inventor, author, wit, counselor, scientist, master craftsman, and philosopher, he was, above all, a printer and journalist.

At 24, he became sole owner of *The Pennsylvania Gazette*, the largest and most successful newspaper in the Colonies. Later, he branched out into book and magazine publishing, started a chain of newspapers, and pioneered many publishing innovations.

Though Franklin became famous for his work in many other fields, he never lost touch with *The Pennsylvania Gazette*; and on his tombstone, he directed that the words "Benjamin Franklin, printer" be engraved.

As a printer, Franklin fought to make American journalism respected, a respect that found formal place in the First Amendment to the Constitution.

Franklin's work revolutionized our world. Without printing there would be no commerce, no industry, no banks, schools, or even a government, as we now know all these things. All run on tons of printed paper!

Newspapers, magazines, telephone books, catalogs, milk cartons, frozen food containers, cereal boxes - they are all taken for granted like air and water. They are always there in familiar places at appropriate times. But people are not especially awed or impressed by them anymore.

Printing Week honors Franklin and pays tribute to the art of printing which has furthered the spiritual, cultural, and commercial growth of this nation. In scholarship, in politics, in religion, and in current events, any thought worth preserving is preserved by the printer.

Now, bringing this issue closer to home, consider this paper you are reading. Did you ever consider the workmanship that goes into the final product?

As editor of this paper, I would like to take this opportunity to honor our printers at Chatham and express my personal appreciation for the fine staff we have printing our paper. Their individual skills and abilities speak for themselves in the final product.

The paper is one among many printed items produced in our print shop. We receive forms, labels, stationary, and envelopes to name a few.

So, this January as we honor printers let us not forget our own. May we let these people know we appreciate them for a job well done.

January Retirements



Paul Rash was given a retirement party by the Winding Department on December 21, 1990. Paul had several special guests present for this party. Pictured above from left to right is **Penny Bennett** (Paul's sister-in-law), **Paula Strange**, **Reatha Rash**, and **Paul Rash**. A guest not pictured but present for the party was Paul's son-in-law, Ronnie Strange.

Paul Rash Retires

For fourteen years and four months Paul Rash was employed with Chatham. Paul's first six years here were spent in the Garnett Department. For the past eight years until retirement, he worked in the Winding Department.

Paul and his wife, Reatha, have two children. Their daughter Paula Strange lives in Greenville, South Carolina, and their son Clayton is stationed at the Air Force base in Arkansas. They have two grandchildren: Brandy Rash who is 15 years old and Michael Mathis who is 10 years old.

Paul has no special plans for his retirement. He said he might get a part-time job in Sparta which is near his home in Glade Valley.

Paul is a member of Union Baptist Church.

Don't waste time looking back - that is why your eyes are in the front of your head.



Glenn Burton was given a retirement party by the Binding Department on December 7, 1990. Several special guests were present for this event. Pictured from left to right is **Dennis Burton**, **Debbie Burton**, **Helen Burton**, **Glenn Burton**, and **Debbie Williams**.



Eunice Lyon was given a retirement party by the Quality Control Department on December 14, 1990. Two of Eunice's sons were present for the party. Pictured with **Eunice** are her sons **Gary** (left) and **Tim** (right).

Eunice Lyon Retires

Eunice Lyon was employed with Chatham fifteen years and four months. For her first ten years at Chatham, she operated a Taslan machine. The past five years she has worked in the Quality Control Department as an inspector in Winding and Taslan.

Eunice has three sons. Her son Bill lives in North Wilkesboro and her sons, Tim and Gary live in Elkin. Eunice has four granddaughters: Michelle who is 22 years old, Missy who is 21 years old, Kim who is 20 years old, and Jill who is 18 years old.

Eunice plans to take retirement one day at a time. She said she plans to sleep the first year of retirement because she has always worked third shift. She and her sister Arnita Triplett, who retired from Chatham in October, have several shopping trips planned.

Eunice loves painting and wood crafts. Presently, she is taking an oil painting class. Eunice not only paints her wood crafts she also does her own wood cutting. She said she has not lost any fingers yet.

"I have enjoyed working at Chatham. I've made a lot of good friends. I appreciate everything everyone has done for me. I feel that there will always be a Chatham," said Eunice.

Eunice is a member of the LHC Club and a member of Knobbs Baptist Church.

Glenn Burton Retires

Glenn Burton retired with thirty-eight years and eight months service with Chatham. All of his time of employment was spent in the Binding Department, where he retired as a sewing machine fixer.

Glenn and his wife, Helen have two children. Their son Dennis Burton works in the Pillow Plant. Their daughter, Debbie Williams lives in Elkin.

Glenn and Helen also have four grandsons whom Glenn says are "all boy." Their grandsons are Steven and Jason Williams and Dennis and David Burton.

"I enjoyed working in the department. They are all good people. Most of them are easy to get along with. I'll miss everybody," said Glenn.

Glenn is a member of Pleasant Hill Baptist Church.

Retiring - Retiring 50th Wedding Anniversary



Velma Mounce Retires

Velma Mounce has been a Chatham employee for seventeen years and nine months. Her first job at Chatham was in the Coning Department. After six years here, she went to the Binding Department. When the Restwarmer Department began, Velma went to work operating a wire machine. She retired from this position.

Velma and her husband Ralph (retiree) have a son, Kent, who lives in Charlotte.

Velma has a few projects planned for her retirement. Her immediate plans are to enjoy being at home and not watching the clock. Velma also plans to see if she has forgotten how to make clothes. Before going to work in the Restwarmer Department, she enjoyed making garments. After sewing at work all day, she lost interest in this hobby. Now she plans to oil the sewing machine and give it a work out.

A few of Velma's relatives have been employed with Chatham. Her nephew, Bruce Key, works on the Guard Force. Her brother, Sam Key, is a retired employee.

Velma is a member of West Elkin Baptist Church.



Emma Holcomb Retires

Emma Sue Holcomb has been employed with Chatham forty-eight years and five months. All of her time of employment she has worked in the Binding Department binding blankets.

"I have enjoyed my work over the years. I appreciate my job. I have always been treated nice. The company really worked with me when my husband was sick. That is something I'll never forget," said Emma Sue.

Emma Sue attends Fall Creek Baptist Church.

Delmas Blevins Retires

Delmas Blevins retired with nine years and five months of service. During his time at Chatham he has worked in several different departments. When he retired, he was working in the Weave Department.

Delmas and his wife Ola have just bought a new home. Delmas plans to be spending some time getting things done around the house.

Delmas is a member of Elkin Masonic Lodge 454.



Sam and Connie Spicer celebrated their 50th wedding anniversary on January 11, 1991. On January 13, 1991 they were given an anniversary party by their children Christene Greene, Brenda Hardy and Boyce Spicer. This reception was held at the Pleasant Ridge Fellowship Hall from 2:00 p.m. until 4:00 p.m. Sam retired from the Sample Department with forty-two years and six months service. Connie retired from the Burling Department with twenty-seven years of service.

Happy Birthday James



James Cranford (Wet Finish) celebrated his birthday on December 19, 1990. His co-workers hung banners in the department proclaiming the event. Then during the Wet Finish Department's Christmas dinner, James was presented with this special birthday hat. The clock on this hat really works. James, you must be a very special person to your co-workers for them to dream up such a special gift for you.

CPR Classes

Several employees have expressed an interest in taking part in a CPR class. If a few more employees or retirees will sign up for the course, we will probably offer the class the latter part of February. Dates and times will be announced in the February issue of the C-NC NEWS. If you are interested in participating in a CPR class please contact Beth Steelman, Ext. 530.

Thank You

We would like to thank our friends at Chatham for their love, concern and prayers and many acts of kindness during our time of need and sorrow of losing our son.

The family of
Terry Dwayne Randleman

C-NC NEWS

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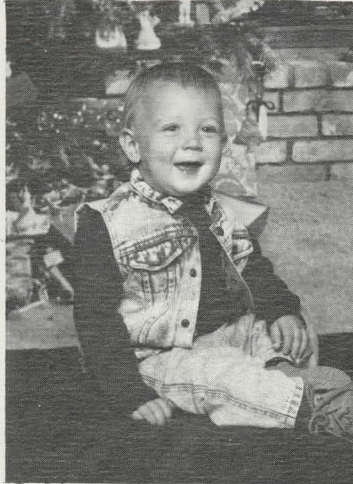
The C-NC NEWS is published for employees and retirees of Chatham Manufacturing Company and Northern-Chatham Bedding Company. Comments, suggestions, and story ideas are encouraged and should be directed to the Editor.

Beth Steelman, Editor
Printed by Chatham Print Shop

Let me tell you about...



Jason Eric Durham is the 1 year old son of Randy (Winding) and Loretta Durham (Weave). He is the grandson of Mickey (Weave) and Linda Durham and Vera Swaim. He is the great-nephew of Ray Durham (Butler Weave).



Bobby Phillips is the 13 month old son of Robert and Karen Phillips. He is the grandson of Annie Shores (Garnett) and Phyllis Hutchinson. He is the nephew of John Shores (Technical Maintenance).



James Taylor Wolfe is the 4 year old son of Jim and Susan Wolfe of Winston-Salem. He is the grandson of Betsy Lyon (Quality Control). He is the great-nephew of Pat Thompson (Binding).



Ashley Rose and Seth Garrett Randleman are the children of Mr. and Mrs. Sandy Randleman of Jonesville. They are the grandchildren of Ruth (Restwarmer) and George Casstevens. They are the great-niece and great-nephew of Lorene Mendenhall (Binding) and Wilma Welborn (Sample).



Erin Paige and Allyson Renae Hemric are the daughters of Randy and Connie Hemric of Durham. They are the granddaughters of Jim (Piece Dye) and Edith Hemric. They are the grandnieces of Lee Roy Hayes (retired), Mae H. Choate (retired), and Harvey Hemric (retired). Erin is 3½ years old and Allyson is 9 months old.

Bridal Shower for Sandra



A bridal shower was given for **Sandra Carter** on December 20, 1990 at the Pillow Plant. Sandra received many lovely gifts such as a quilt, a clock, towels, and mixing bowls. Sandra's fun loving co-workers decided to cut her pants off to celebrate this occasion. On December 21, 1990 Sandra Carter married Thomas Pardue II (Blending).



Don't worry about what's ahead. Just go as far as you can go - from there you can see further.

Luther Thompson - on the run



Luther Thompson, a dry doffer in the Wet Finish Department, is an athlete. Luther has been an avid runner for eleven or twelve years. In 1990 he competed in thirty-nine races. Of those thirty-nine, he won thirty-three and lost six. In 1991 he plans to compete in thirty-nine or forty races. His first race of 1991 is in Mocksville, North Carolina. Practically every Saturday he runs in a race in Virginia, North Carolina, or South Carolina. Luther's 5K race time is 18 minutes and 54 seconds. His 10K race time is 39 minutes and 57 seconds.

So, how does Luther do all this running? Luther says it takes a lot of commitment and dedication to be a long distance runner. There are several "dos" and don'ts." Luther runs seven to eight miles every morning. Along with this he does many stretching exercises. He also stays on a pretty strict diet except at holiday time. Luther eats lots of vegetables, chicken, fish, and cereal and drinks lots of water. He tries to stay away from red meat, eggs, and sweets. If Luther wants something sweet, he eats fruit. Plenty of sleep is a must for his active schedule.

Luther's interest in running stems from a love for sports. He has always been an active person. He used to be an avid bicyclist but there were not enough races to keep him interested.

What keeps Luther running? His answer is winning. Luther runs to win. He also enjoys the people he has befriended over the years who share in his love for running.

So, do not be surprised if the next time you see Luther that he is on the run.



Let's Cook

Old-Fashioned Apple Crumb Pie

- $\frac{3}{4}$ cup sugar
- 2 tablespoons flour
- $\frac{1}{4}$ teaspoon cinnamon
- $\frac{1}{4}$ teaspoon nutmeg
- 4 cups peeled, cored and sliced apples
- 1 Pet-Ritz Deep Dish Pie Shell
- $\frac{1}{2}$ cup flour
- $\frac{1}{4}$ cup butter or margarine
- $\frac{1}{4}$ cup firmly packed brown sugar

Preheat oven and baking sheet to 400 degrees. In a large bowl, combine sugar, flour, cinnamon and nutmeg, mix well. Add apple slices and mix until apples are evenly coated; spoon into pie shell. For crumb topping, in a small bowl combine flour, butter, and brown sugar until crumbly. Sprinkle topping over apples. Bake 30 to 40 minutes.

Meat Loaf

Combine:

- 1 can tomato soup
- 2 lbs. ground chuck
- 1 beaten egg
- $\frac{1}{2}$ cup bread crumbs
- 1 large onion (chopped)
- 1 tablespoon worchestershire sauce
- 1 teaspoon salt
- $\frac{1}{4}$ teaspoon black pepper

Shape into loaf and bake about 1 hour at 350 degrees.

Party Dirt Cake

- 1 (8 oz.) package cream cheese, softened
- 1 stick margarine
- 2 packages instant French vanilla Jello pudding
- $3\frac{1}{2}$ cups milk
- 2 (8 oz. each) Cool Whip
- $1\frac{1}{2}$ packages Oreo cookies, crushed to look like dirt

Blend together cream cheese and margarine until light and fluffy. Prepare pudding mix with milk by package directions. Fold in cream cheese mixture, then the whipped topping. Line a clean flower pot with foil. Arrange cheese mixture and cookie crumbs in layers ending with cookie crumbs as top layer. Chill 6 hours or overnight. Stick an artificial flower in top.

-Contributed by
Ruth Gambill, Repacking

Cranberry Salad

- 2 boxes Cherry jello
 - 2 cups hot water
 - 1 stalk celery, chopped
 - 2 medium apples, chopped
 - 1 small can crushed pineapple (drained)
 - 1 large can either whole-berry or jellied cranberry sauce
- Dissolve jello in hot tap water. In approx. 10" square pyrex dish, chop apples. Add celery, pineapple, cranberry sauce. Mix well. Add jello mixture. When thickened, stir.

-Contributed by
Dot Gilliam, Personnel

Healthy After-School Snacks

Remember those great after-school snacks on TV? Somebody - June Cleaver, Aunt Bea - was always on hand to make sure the kids had something nutritious to eat.

In today's reality, as many as 10 million children spend the after-school hours on their own. Many fill the time with food. But they're making their own choices from a fodder that would leave Beaver bewildered.

The toaster oven, then the microwave, have changed after-school snacks forever. At a touch, kids can zap up a small meal in just a few minutes. And the variety of foods is staggering. Why settle for a cheese sandwich when sausage pizza is moments away?

Dietary evidence suggests it's time for parents to take charge. Some popular microwave snacks draw nearly half their calories from fat, and many are loaded with salt. A bite at a time, unhealthy foods add up: in one study of 12,000 children, almost one-fifth had cholesterol levels over 200, the warning level for heart disease in adults.

Parents can take advantage of the fact that kids like convenience foods as much as adults do, according to nutritionist Ann H. Snyder, R.D., of the Gladstone Foundation Laboratories for Cardiovascular Disease, University of

California, San Francisco. Gladstone's nutrition education program, SPIN (Special Project in Nutrition), uses lessons, games, quizzes, and tastings to teach kids, parents, and teachers about healthy eating.

Recommended make-ahead items include cut veggies with yogurt dip, fresh fruit salad, and whole-grain crackers with low-fat spreads. Cookies such as Fig Newtons, animal crackers, or ginger snaps can satisfy a sweet tooth, while being relatively low in fat. Popcorn, made in a hot-air popper or with vegetable oil, is another healthy treat.

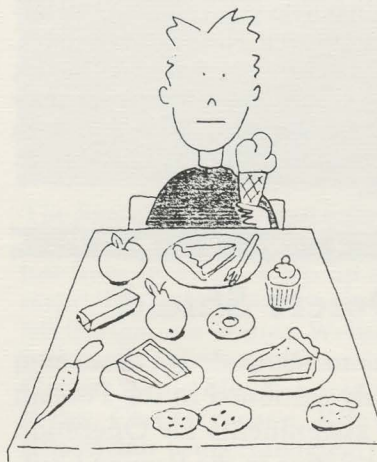
Snyder warns parents not to go overboard. "Fat, for example, is an important part of our diets and essential for children under 2 years old," Snyder says. "Most of us just don't need as much as we're getting. If we can eat more of the natural foods such as fruits and grains and fewer prepared foods, that's a healthy balance to work toward."



Many commercial cocoa mixes are high in fat and contain many additives and preservatives, as well as large amounts of sugar. Here's a low-fat winter warmup, courtesy of the SPIN program:

- 3 cups instant dry nonfat milk powder
- $\frac{1}{2}$ cup cocoa or $\frac{1}{4}$ cup carob powder mixed with $\frac{1}{4}$ cup cocoa
- 1 teaspoon cinnamon

To prepare, mix all the ingredients together. Store in an air-tight container. To serve, put $\frac{1}{3}$ cup of the mix into a cup, slowly add 8 ounces of water (hot or cold), and whisk until smooth.



How Does Your Garden Grow?



Have you seen any turnips like this in your turnip patch?

Neal Settle (Piece Dye) is pictured above holding a $4\frac{1}{2}$ pound turnip grown by his grandfather, Lawrence Settle (retiree). Lawrence had given up on his turnip crop for this year. He did not feel that it would produce. When Neal went to pick some salad, he found this turnip, another turnip almost this big, and several small turnips. Lawrence, you may not have produced many turnips, but the size of this one should make up for a small number of vegetables produced.

Contributed by the American Hospital Association

Money Problems Got You Down?



If you are bothered by money problems, you are not alone. More than half of U.S. families are having difficulties making ends meet. Our problems range from being "just a bit behind" to being totally, overwhelmingly deep in debt.

We get into financial binds for three chief reasons. First, our rising expectations. As income increases, we want more, we expect more for ourselves. Second, inflation saps away the value of our dollars. Those of us who ignored inflation fell behind, instead of getting ahead. The third cause of debt is usually a situation beyond our control, such as a result of illness, or other interruptions in buying power.

In the world of "plastic financing," with easy access to credit cards, we fall easily into the "buy now, pay later" credit trap. Without realizing it's happening, we can drift into debt so deep it takes years to recover. Worry, anxiety, and tension mount as the "past due" notices increase. Anger and fear take over when bill collectors begin their harassments. Family relationships and performance on the job suffer.

Whether you are just "a little behind" and want some suggestions for a way to get out of debt, or you are so hopelessly lost that legal counsel and bankruptcy are the only way out, you can find help through your Employee Assistance Program.

Your counselor will review your finances with you and help identify your needs. If further assistance is necessary, the counselor will help you find financial counseling services in the community. With professional help you can better determine your options and work out a plan to clear up your debts.

Your Employee Assistance Counselor, Suzanne Kelly, is now working new hours at Chatham. Employees may see her on the second and fourth Tuesday of each month at the Chatham First Aid from 1:30 p.m. until 4:00 p.m. At other times call 679-8805.

Operation Desert Shield

The C-NC NEWS would like to acknowledge those men and women who are currently stationed in the Persian Gulf or on related military assignments for Operation Desert Shield. If you have a relative in the Persian Gulf, please send his or her name and branch of service to Beth Steelman.

C-NC Trader FOR SALE

Handmade furniture of all types. 874-2737 after 4:30 p.m.

Firewood, All oak, cut, split, and delivered. \$35 per load. 835-8690.

AKC registered Chesapeake Bay retriever puppies. 874-2792 after 5:00 p.m.

Frigidaire dryer. 4½ years old, excellent condition. 874-7350 after 4:40 p.m.

Panasonic automatic bread maker. Used only once. Like new. Cost \$269, will sell for \$200. 835-4465.

1976 Oakwood Mobile Home. 12x60, 2 bedrooms, 1 bath, central air, oil furnace, vinyl underpinning, power pole. 957-8880.

1978 Jeep CJ-5. Excellent condition. \$2,200. 526-3102 anytime after 4:00 p.m.

1973 Ford Torino. Rebuilt motor. New brakes. \$900. 957-3378 after 4:30 p.m.

Help-lift chair. Good condition. 835-4829.

1983 Pontiac Grand Prix. Extra clean. Low mileage 47,300 miles. \$3,800. 835-2581 after 5:00 p.m.

1972 Rabbit. Sell for parts. 835-2215.

Dark oak king size waterbed. 874-2001.

1937 Plymouth pickup motor and transmission. 835-5138 after 4:00 p.m.

1 set of 15" Chevrolet space wheels with centers and bands. 835-5138 after 4:00 p.m.

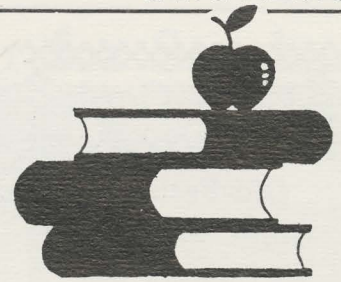
Bear White Tail Compound bow quiver and arrow. Stabilizer bar, strap, 4 bar pin sight. \$100. 835-2215.

OTHERS

Will do carpentry work such as decks, porches, odd jobs, small buildings, minor house repair, etc. 957-2219 or 366-2980 after 4:00 p.m.

WANTED: Tillage tool. 957-8475 after 9:00 a.m.

This column is free to our employees and retirees and is for their use only. Ads are limited to 25 words each. Ads are not held over for another printing. Call #530] to list your items in the Chatham Trader.

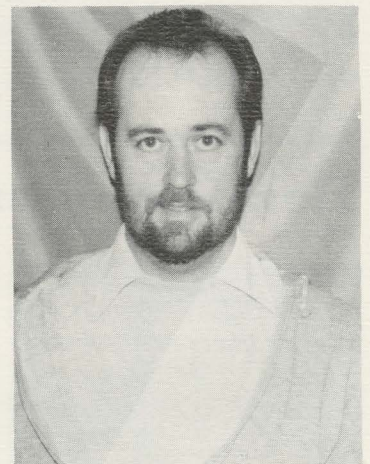


January is a time for making resolutions. Resolve to improve your reading skills, to improve your math skills, or to earn your diploma before this year is over. To accomplish this, join the adult education classes and make your resolutions become realities.

Adult education classes meet every Monday and Wednesday from 2:00 p.m. until 6:00 p.m. in the Personnel Building.



Is published for...



employees and retirees like Sterlin Swaim. Sterlin has been employed with Chatham for seventeen years. He worked eleven years in the Cloth Department. For the past six years, he has worked as a sheet metal apprentice in the Sheet Metal Shop. Sterlin and his wife Diane have a son Rickey who is 7 years old.

Conserving Gasoline

Conserving gasoline makes sense any way you look at it. By using less gas, you can be gentler on the environment, save money, and also do your part to reduce American dependence on foreign oil.

It doesn't take much. By following just a few simple guidelines, you can use gas wisely and get the most out of every gallon. The Consumer Information Center and the Department of Energy offer these tips to help you and your family conserve.

- Drive 55. If all we did to conserve gas was follow speed limits, the U.S. would save two million gallons of gas a day. By not revving our engines or making abrupt starts and stops, we could save even more.

- Avoid excessive idling while you warm up your car or wait for friends. Since today's vehicles are designed to warm up in a matter of seconds, you don't have to idle your engine before you get started in the morning. Also, it takes more gas to idle your car for even a minute than to turn it off and start it again.

- Make sure tires are properly inflated, and keep wheels properly aligned. Your wheels need aligning if you can feel the car "pull" to one side or the other when you drive, or if you can see uneven tread wear on the tires. Tire inflation is easy to check with a pressure gauge. The proper pressure will be written on the side of the tire or in the owner's manual. Don't check the pressure while the tires are still warm from driving; this will give an improper reading. Keeping your wheels aligned and your tires inflated to the right pressure will not only help you get the most out of your gas, but will also make your tires last longer.

- Use gas with the octane level recommended by your car's manufacturer. On a national scale, this could save almost three million gallons of gas a day. Most cars made today run best on 87 octane gas. Higher octane gas doesn't dramatically improve mileage, and it requires more petroleum to make each gallon.

- Change filters and fluids,

especially oil, according to manufacturer's maintenance schedule. This will not only help your gas mileage, but it could also extend the life of your car.

You can conserve gas by using common sense, too:

- Plan trips. If you have three errands to run, consolidate them into one trip. Also, if you can plan trips when traffic is at a minimum, you'll get there faster and use less gas in the process.

- Consider walking or bicycling to work and to do errands. The exercise will be good for you, and you'll avoid the stress of driving in traffic.

- Use public transportation systems. Riding subways and buses not only saves gas, but it frees you from the responsibilities of driving. In cities with heavy rush hour traffic, riding trains and subways can even save time getting there.

- Join a car or van pool. If you drive to work and live near someone who also works near you, why not share the driving? In most big cities, government and private offices can help you find a carpool. These offices are listed under "car pool" in your yellow pages.

Consumers should beware of devices and gasoline additives advertised as "mileage boosters." Enticing as such a prospect may be, none of these products has been found to significantly increase fuel economy.

These gas-saving tips have been brought to you by the Department of Energy and the Consumer Information Center of the U.S. General Services Administration. The Consumer Information Center also publishes the quarterly **Consumer Information Catalog**, which is a free listing of over 200 free and low-cost consumer publications from the Federal government. Publications cover topics ranging from cars to home, health, education, federal programs, and more. You can get your free copy of the **Consumer Information Catalog** by writing to **Free Catalog, Pueblo, Colorado 81009**.

ACCIDENT INJURY REPORT December 1990

	Dec.	Nov.	Oct.
Caught in or coming in contact with machinery	15	19	19
Striking against on or by objects	16	20	23
Using hand tools (knives, scissors, tools, burling irons, needles, etc.)	8	12	16
Handling material (hand injuries)	13	12	11
Splinters	2	9	10
Foreign bodies in eye	1	3	5
Slips & Falls	9	8	10
Falling objects	3	4	8
Lifting, pulling, pushing, (strains, hernias, etc.)	10	25	17
Burns	1	1	3
Punctures	0	2	1
Miscellaneous	3	4	6
Chemical burns	1	2	1
Infections	0	0	0
Totals	82	121	130

Safety Break in the Sample Department



The Sample Department enjoyed a safety break on December 12, 1990. The employees have worked 2188 days without a lost time accident. Keep up the good work Sample Department! The sample employees are pictured above. Seated from left to right are **Wilma Welborn**, **Helen Myers**, and **Betty Jolley**. Standing are **Kermit Wood** (Supervisor), **Darren Carter**, **Willie Lloyd**, **Lorene Hinson**, **David Absher**, **Judy Wiles**, **Clara Transou**, **Rita St. John**, **Betty Newman** and **Bill Milan** (Superintendent).

Obstacles are things you see when you take your eyes off the goal.

There never seems to be enough time to do a job right, but always enough time to do it over.



Service Anniversary Dates

45 Years

Wilma S. Welborn, Sample - January 31

25 Years

Sally E. Hayes, Furniture Upholstery - January 17
 Bill J. Carter, Binding - January 26
 Betty L. Hill, Wet Finish - January 27
 E.D. Bryant, Technical Maintenance - January 28
 Myrtle L. Horne, Yarn Manufacturing - January 31

20 Years

Priscilla B. Wood, Garnett - January 4
 Joe H. Lyon, Quality Control - January 12
 David L. Wood, Cloth - January 25

Retirements Effective January 1, 1991

Delmas G. Blevins, Weave, 3rd shift; 9 years and 5 months
 Glenn S. Burton, Binding, 1st shift; 38 years and 8 months
 Emma S. Holcomb, Binding, 1st shift; 48 years and 5 months
 Eunice V. Lyon, Quality Control, 3rd shift; 15 years and 4 months
 Velma K. Mounce, Restwarmer, 2nd shift; 17 years and 9 months
 Paul Rash, Winding, 1st shift; 14 years and 4 months
 Joseph M. Shaffner, Weave (LTD), 1st shift; 44 years and 5 months

A note to C-NC NEWS readers:

The C-NC NEWS formerly published tri-weekly will now be published on a monthly basis. The paper will come out on the first Monday of each month. Please submit any information you wish to be published in the upcoming issue by the middle of the month.

Chatham Manufacturing Company
 Elkin, North Carolina 28621

Address

Correction

Requested

BULK RATE
 PERMIT NO. 4
 U.S. POSTAGE
 PAID
 ELKIN, N.C.

TO:

MR MASON P BURCHAM
 115 IVY CIRCLE
 ELKIN N C 28621

In Memoriam

CoEtta Mae Trivette
 December 5
 Retired Employee

Rufus J. Reynolds
 December 6
 Father of David J. Reynolds,
 Fiberwoven; brother of
 Howard C. Reynolds, retired
 and Joe B. Reynolds, Weave.

James L. Ross
 December 6
 Retired Employee
 Brother of Virginia R.
 Billings, retired; Eura C.
 Ross, retired and Posey A.
 Ross, retired.

Daniel W. Norman
 December 6
 Retired Employee
 Brother of Spencer A.
 Norman, retired.

Roy William Cheek
 December 8
 Father of Mary N. Jenkins,
 Data Processing.

Wayne Stanley
 December 9
 Brother of Freeda S. White,
 retired.

Wilmer Thompson
 December 13
 Brother of Marie T. Long,
 retired.

Vallie Sparks Gentry
 December 13
 Sister of Carl W. Sparks,
 retired.

Lovie Jolly Barker
 December 14
 Mother of Colon W. Barker,
 Piece Dye; Benny L. Barker,
 Carding; Richard M. Barker,
 Wet Finish and Ronnie H.
 Barker, Burling.

George H. Welborn
 December 17
 Father of Jeffery B. Welborn,
 Pillow Plant.

Columbus L. Burnett
 December 18
 Employee

Terry D. Randleman
 December 22
 Son of Mary E. Randleman,
 Fiber Reclamation; brother of
 Wanda J. Bare, Spinning.

Lena Ray Hayes
 December 22
 Mother of Norma Sue
 Eldridge, Purchasing and
 Emaline Cockerham, Blanket
 Order Processing.

Roy A. Renegar
 December 22
 Employee
 Brother of George H.
 Renegar, Piece Dye.

Bessie E. Boose
 December 24
 Retired Employee

Clara Faircloth Ball
 December 24
 Wife of Joseph A. Ball, re-
 tired.

Ina A. Gentry
 December 31
 Sister of Ina W. Martin,
 retired.

Bertha A. Wood
 January 3
 Retired Employee

John Wiley Shore, Sr.
 January 4
 Retired Employee

Robert B. Pardue
 January 5
 Retired Employee
 Brother of Lillie P. Holcomb,
 Fiberwoven.

Vonda F. Reece
 January 6
 Sister of Donnie R. Ford,
 Weave.

Smith Aaron Cheek
 January 6
 Brother of Mozelle C.
 Collins, retired.

COUNTRY STORE DISCOUNT CARDS BEING DISTRIBUTED

1991 identification cards for purchases at the Country Store are being distributed to employees this week. Retirees may pick their cards up at the Country Store.