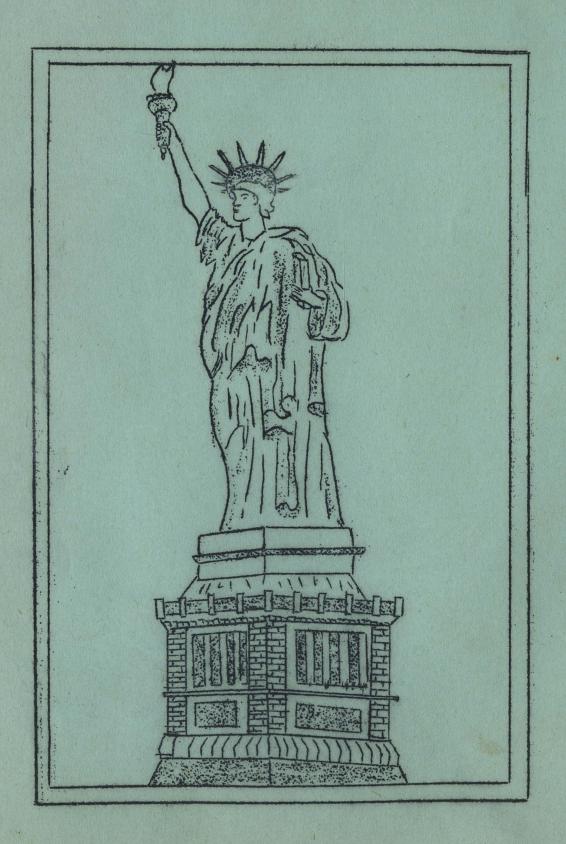
PLADUSMAN





EDITORIAL STAFF

SELF-DISCIPLINE

Most things in this life are relative, and self-discipline is one of these.

If you are a person happily endowed by nature and circumstances with all the worldly attributes which go to make up a self-sufficient paragon, you may never have occasion to discipline yourself. If, however, you are a being normally afflicted with all the weaknesses to which man is heir, you will, in the course of events, find it necessary to discipline your body, your mind, and possibly your soul.

There is no better time to learn self-discipline than during your school days. High school ath letics offer all boys and all girls an opportunity to develop their bodies to the maximum degree. The curriculum provides intensive training for the intelligence.

whip over your muscles, and larrup your mind to activity. It must be done and you can do it.

EDUCATION AND DEFENSE

Right now our country is faced with the greatest crisis in its history. Issues of war or peace will soon be upon us. Even the matter of survival as a nation may soon be a matter for our strength of defense to determine. Our ability to defend ourselves against all the forces of totalitarianism may well depend on our ability to prepare the tools of defense quickly. Millions of men are being put to the task of building up these defenses. One is led to ask, "What can the schools do?"

Certainly an industry that is bigger than any other should be called on to do something. The schools must justify their existence by answering this call to the task. What are they doing and what shall they continue to do?

In the first place, schools are able to give times as many boys trained for skilled craftsmanship now as they were in 1917: Thousands of schools have equipment for giving training, and thousands of boys are being sent up for work experiencer on defense jobs. Other high schools are working with plant managers to give boys part time training: Every school with a vocational department is offering courses in mechanical, electrical, metal trades, or carpentry, to all youths in or out of school. These boys may soon join the other thasands in ship yards or munitions plants.

Besides direct training for defense, schools can also promote health programs that will make our youth physically strong. They can promote study that will inspire love of country and devotion to our way of life. So strong must this devotion be that we are willing to live for it and extol it now, and we shall be willing to

(Continued on next page)

LOCAL NEWS

MECHANIC'S COURSE III AND TO THE MEN

Three White Plains boys are taking a mechanics course which is being offered by the Federal Government, in order to secure more mechanics and welders for our Nat ional Defense Program.

James Hooker, Emmett Marion, and Gilbert Draughn have already completed 20 of the 120 hours required to finish the course.

The class meets at the county garage in Dobson every afternoon from 4 until 7 o'clock. Mr. Dixie Reeves; county garage superintendent, is supervisor this work:

When, and if, the boys finish the course in June, they hope to get jobs as master mechanics and

GIRL SCOUTS STUDY FLAG

At our recent meetings the Girl Scouts have been studying about the National Flag. Its history, how to pledge and salute it and how and when it should be raised or lowered.

We, along with the Boy Scouts, have entered a drive to raise funds with which to buy a flag pole on which to fly the new flag, which the school has purchased, So far everyone has been eager to contribute and we hope that everyone who has not already done so, will help us.

L.T.L. PLAN CONTEST

The L. T. L. I mot Honday afternoon January 20 in the first grade room. A large group of boys and girls were present and plans were made to sponsor speech contests to be given in early spring. The

The club will meet Monday Evening January 27 at 7:30 in the home of Mrs. Cleve McKinney with Mrs. Dewey Sisk and Mrs. Edgar Smith as co-hostesses. This is the first meeting of the now year We urge all old members to attend and others to come and join our group. Officers for the year will be installed.

SCOUTS WORK FOR BADGES

The Boy Scouts are along fine in their study for merit badges. We hope that each scout will win one by the next Court of Examiners. Some of the badges are: Personal Health, Cycling, Art, Woodwork, and work.

The Boy Scouts are planning another banquet for Boy Scout Week which will be for the sccuts, parents, and friends. We hope this banquet will be as successful asothe one we had last year.

The Scout's basketball team played Dobson Scouts January 20 and lost to them with the score 13-14. We wish to have a return match in which we hope willresult in victory for our team.

EDUCATION AND DEFENSE

(Continued from Editorial Page)

die for it, if need be, in the future. The schools must teach love for and devotion to the essential human freedoms. We must not give them up, and no power or combination of powers must ever force us to surrender them.

H. S. Broome

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WATCH OUT FOR"FLU

Anolis Quer Droadway

It may not be as bas as the "real thing" thay had back in'18, but the present type or version of the "flu" is bad enough by allæcounts. And as if history were determined to repeat itself, it appears to be spreading into scething of an epidemic. here and yonder over the land. In North Carolina schools are being closed in some areas on account of influenza.

diet, always important, takes on new value in fighting off influenza. Vegetables and fruits that are a part of the balanced diet, are classified as "protective..."

The concentration of men army camps is one possible cause for the epidemic of disease. the preventive side the individual may do much that is effective avoidance of the malady. Agricultural Department authorities recommend grapefruit and orange juices are strong resistants "flu". Grapefruit also supplies the precious minerals which help alkelize the system. A balanced

Right now, with January in her sourest mood, is no time to be careless and take chances with Old Man Influenza.

WELCOME BACK! MRS. PATTERSON

TOURNAMENT

White Plains High School is fortunate in that it has been selected as host for the Surry County basketball tournament. The high school principals decided to hold the tournament here at White Plains when the group last mot in Elkin. The tournament begins on February 11 and will end on February 17. Twenty-four teams will participate, and this should be the best tournament that has ever been held in Surry County.

Tournament dates were set at a meeting Friday, January 17, of the tournament committ ee, composed of H. S. Broome and J. C. Killinger of White Plains, E. P. McLeod of Franklin, Luther Byrd of Westfield, and M. G. Stanley of Beulah. At that time the committee voted to secure Garnett Clark, of Dobson, and Cletis Wright, of Mount Airy, to referee the title games. Plans were also laid to secure trophies and to provide for division of the proceeds on an equitable basis.

The drawing and the schedule for the tournament will be made on Monday afternoon, February 3. It was decided that the percentage standings of the teams in pretournament games played with other county teams will be used as a basis of seeding, but it was ruled that no team may be qualified for a seeded berth that has not played as many as ten intra-county games with as many as five other teams.

The interest in the tournament will be keener than usual, as it will be the only one in the county this year.

Coach J. C. Killinger says the the teams have a fine chance of bringing the championship to White Plains.

FLAG POLE DRIVE

The scouts of White Plains are taking subscription for aflag pole, to fly our beautiful new woolen flag, that was purchased a few days ago. It is hoped that everyone will contribute liberally when he is called on. This is an opportunity for each person to express his patriotism.

The community is grateful to the scouts and their leader for promoting this vital project at this time. We can aid in National Defense by being more loyal to "Old G lory" and doing our part, even though it may be small.

Let's make America strong, and keep our democratic way of living!

4-H CLUB NEWS

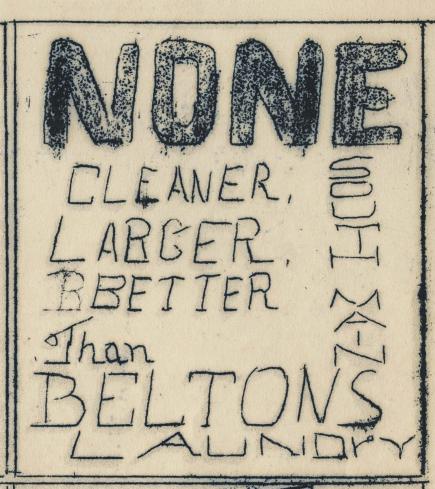
The White Plains 4-H Club Thursday for their regular met monthly meeting with Mrs. Brown, Home Demonstration agent present. A program was given on "Accidents In The Home". Allyene Marshalls, Hallie Hicks, and Gene Key took part in the program. Mrs. Brown gave a demonstration on making a paint from used motor oil and mortor color. By mixing pound of mortor color with one gallon of used motor oil you can make a good paint for the barn or even the house. The collors you can mix in this paint are: green, brown, red, and black.

Hen without heart never coan create fine art.

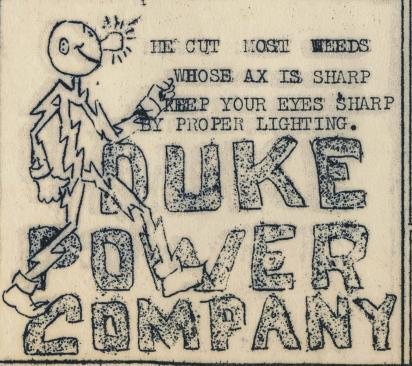
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GRADE 8

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GRADE 9

Pauline Atkins Edna Surratt Gene Key Faye Watson Lela Brintle Jane Simmons

Billy Mauldin

P.T.A. MEETS

The Parent Teacher Association of our school met on Tuesday evening, January 14, Mrs. L. C. Patterson, presiding. The treasurer, Mrs. Chilton made a report and the group voted to make a payment of \$25.00 on the piano. After the business was disposed of, the Chairman of the Program Committee for the evening, MIr. Killinger, took charge. Lovingood conducted the devotional.

The program emphasised National Defense and the following took part: Rev. L.W. McFarland; church and Home: Mrs. Christain, The Womens Christian Temporance Union; Polly and Peggy Marshall, The Loyal Temperance Legion; The Girl Scouts, Mrs. Killinger; Mrs. Broome, The Home Demonstration Club; Mr. Broome, the school and the Boy Scouts.

Mr. Broome and Mr. Lovingood displayed the flag which has been

purchased by the school.

Attendance winners were Miss Pell; Mr. Lovingood and Mr. Killinger.

Bundle Day proved a very worthy project.

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GRADE NEWS

MRS. CHRISTIANS FIRST GRADE

We are working on a Health Unit now. We are Iwarning the many precautions to take toa void having Flue. We are learning how to take care of ourselves if we do have it.

1. We are drinking plenty of water.

2. We are drinking fruit juice.

We are eating vegetables and

3. We are eating vegetables and and fruit.

4. We are getting long nights of

5. We wear our coats and capsout side and try to stay out of rain and mud.

6. We take a dose of soda every day.

If we take Flue we will go t to bed immediately and get doctors directions. We will have a drapel program in a few weeks after our

unit is completed.

MRS. CHILTON'S GRADE LA

Our attendance has kept up considerably well since the holi-days. Very few have been out on account of sickness and we are hoping the "flu" will not come our way.

We are now working on achapel program. The subject is "Citizenship". We are hoping to present it

in the near future.

Our room enjoyed a goodtreat a few days ago by our gradefather, Mr. Roy Epperson.

MRS. BADGETT'S GRADE 3

Our room had sixteen people to win prizes for perfect attendance this month.

We have failed to mention about a Thanksgiving party that Mrs. Allen Kallam gave us. Everyone enjoyed it a lot.

FOURTH GRADE NEWS

We are working on an Eskimo Unit. Several good plays, poems, and stories have been written by the pupils. We hope to finish this unit in another week.

FIFTH GRADE NEWS

The fifth grade is glad to get the new desks. Some boys and girls had to sit in chairs around a table until we received the new desks,

SIXTH GRADE NEWS

Exams are over and we are all excited about the scores. Virginia scored highest with Nina Brinis and Bessie Draughn ranking second.

We will lay aside our Ancient History book and begin a study of the history of North Carolina, which some of us are expecting to be more interesting. We will also put e-way our Health books and take up a new one; Alcohol and Habit-Forming Drugs, We are going to begin reading in our supplementary readers, Many of us have not paid our fees yet. We hope to have a 100% by the end of the month.

SEVENTH GRADE NEWS

The ones that have made perect attendance during the past
month are:
Martha Hope Stone Pavine Dollyhigh
Margie Simmons Clifton Marick
Hazel King Cecil Beasily
Bessie Dollyhigh Hassel Beasley

"Worry is interest paid on trouble before it falls due."



Many a young man thinks he's hard boiled when he's only half baked.

.0

She: "There's an old clothes man at the door."

He: "Tell him I've got allI want!

Judge B: "What is your name and what are you charged with?"
Prisioner: "(Jimmy Marion) My mame is Sparks, I am an electrician an I'm charged with battery."
Hubert: "Put this man in a dycel!"

Mrs. Broome: "What's the idea of poking the broom in the Wilma Francis' face?"

Wr. Broome: "I just wanted to get

Mr. Broome: "I just wanted to get her used to kissing her grand-father!!!!!

She came to the party, picked up her husband, and carried him off like a satchel.

Gid Straw got his nerve together and took a flight in an airplane. As he climbed out after the ride, he turned to the pilot and said: "Suh, Ah has to tank yuh for both dem rides."

"What are you talking about, said the aviator. "You had only one ride:"

"No, suh," replied the passenger,
"Ah done had two - mah fust and
mah last."

Mr. Christian: "We've had this car for years and never ha a wreck." Mrs. Christian: "You mean we've has this wreck for years but never had a car."

No horse can go as fast as the money you bet on him.

Mrs. Killinger: "The couple next door seem very devoted—he kisses herevery time they meet. Why don't you do that?"
Mr. Killinger: "I don't know her well enough yet."

If we could only sleep as soundly at night as we do when it is time to get up.

An intelligent girl is one who knows how to refuse a kiss with-out being deprived of it.

Money may be all right, but you sho! can waste a powerful lot of time making it.

Will Power: The ability to coat one salted peanut.

Junior Gant: "I would like to have you come over and cat dinner with me."

Mrs. Patterson: "Thank you sir, but your class work is satisfect-ory."

John D, Rockfeller borrowed a dime from his secretary one day to pay his bus fare home from his office.
"Be sure to remind me of this transaction," he said.
"Oh, that's nothing, Mr. Rockfeller, replied the secretary,
"Nothing!" exclaimed Rockfeller.
"Why, that's two whole years! interest on a dollar!"

The official was consoling a woman resident of London who seemed rather apprehensive of air raids.

"It's hardly likely that London will be attacked," assured the official.

"What!" shouted the indignant and surprised lady, "after all the money we've spent on detense!"

